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*Difference between Sports and Hobbies*



## Difference between Sports and Hobbies

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### Abstract

**Purpose:** The purpose of this research was to produce a work that will resolve the problem of neglecting the importance of sports and hobbies vocabulary in our national educational system in South Sudan. It will also work as a catalase of change in the Southern Sudanese system of academic development.

**Methodology:** A desktop literature review was used for this purpose. The study's relevant seminal references and journal articles were identified using Google Scholar and other database engines.

**Findings:** The findings revealed that the main problem in learning English in South Sudan is the curriculum's lack of English vocabulary related to Sports and Hobbies. And this results negatively in a flawed educational system in which school leavers are graduated from their schools with little knowledge, if not ignorant, because sports and hobbies knowledge is totally or entirely ignored in setting our curriculum.

**Unique Contribution to Theory, Policy, and Practice:** The new idea in this study is to give importance to vocabulary related to sports and hobbies as the shortest way to help learners and indicate the necessity of sports and hobbies to be part of our culture and to pave the road for their existence as part of our national phenomenon. Besides, it will significantly contribute to the actual knowledge of the academic community's current understanding of their subject. Moreover, this research will challenge other research on learning English as a Foreign Language in South Sudan because it looks deeply at the root of this problem. This poorly planned educational system never gives room for new ideas to develop. Besides, this proposal will also provide a solution for ignoring sports and hobbies vocabularies in our educational system and will help inject English vocabulary into our curriculum development. Being the first in South Sudan, this research will significantly help teachers, students, the Ministry of Education, at home, and whoever wants to learn vocabulary related to sports and hobbies. It will also be helpful and reachable for many people learning English as a foreign language. It will also help provide English vocabulary related to sports and hobbies through research in our educational system.

**Keywords:** *Sports, Hobbies, English Vocabulary*

## Introduction

This writing aimed to encourage and help learners learn the difference between sports and hobbies activities and their related vocabularies and action words for different sports and hobbies in English. However, I consider it as one of the ways to inject English vocabulary related to sports and hobbies into our educational system and school syllabus in this country (Young, 2018). Moreover, this step will encourage and promote learning English vocabulary in its easiest method since it exists in the national curriculum of South Sudan, daily life, and surroundings since English is spoken as a second language and used as an official language in the country. Many kinds of research have been done about South Sudan in different fields. Still, they ignore the importance of sports and hobbies vocabulary in learning English as a second or foreign language in our educational system. Many school leavers finish their general education without knowing anything about our sports and hobbies terms in English (Clark, 2019). In addition, many of them feel tongue-tied and have no reasoning or power when the issue is related to sports and hobbies. To underscore this, many learners of English as a foreign language in South Sudan, including our elites, face challenges when the topic is connected to sports and hobbies. They prefer colloquial Juba Arabic (dialect) or Arabic Language rather than English vocabulary in South Sudan.

However, in a young country like South Sudan, there is a thin line to differentiate between these two activities because they are not culturally rooted in this country. Hence, the only well-known examples of sport and hobby here are wrestling and knitting, respectively. Nevertheless, in a country where English is spoken as a native language, like England, sports and hobbies activities are well-known games for passing the time. The learners should learn to talk and communicate with English speakers about these activities (Bozon, 2013). Therefore, it is necessary for South Sudanese learners who learn English as a foreign language to be able to know and discuss the different types of sports and hobbies activities. The learning will help them communicate with English speakers at home or in their countries. Knowing sports, hobbies, and vocabulary will also benefit them in the workplace, primarily when they work in an industry producing or selling sports materials and being helpful at school when taking part in physical education (Hiltscher, 2021).

## Sport Activities

A set of rules and regulations usually governs sports activities to ensure fair competition and allow the coherent decision of the winner (Young, 2018).

### *Sports and games vocabulary in English*

- |              |                   |            |
|--------------|-------------------|------------|
| ▪ Archery    | ▪ Billiards/ Pool | ▪ Climbing |
| ▪ Badminton  | (U.S.)            | ▪ Cricket  |
| ▪ Baseball   | ▪ Bowling         | ▪ Curling  |
| ▪ Basketball | ▪ Boxing          | ▪ Cycling  |
|              | ▪ Car racing      | ▪ Fencing  |

- Figure skating
- Fishing
- Fitness
- Football (U.K)/  
Soccer (U.S.,  
Australia)
- Golf
- Gymnastics
- Hang gliding
- High jumping
- Hockey
- Horse racing
- Horseback riding
- Judo
- Karate
- Rugby
- Running
- Shooting
- Skateboarding
- Surfing
- Table tennis
- Tennis
- Volleyball
- Weightlifting
- Wrestling
- Yoga

### ***Extreme Sports Vocabulary***

- Aggressive inline  
skating
- Base jumping
- Bouldering
- Bungee jumping
- Free climbing
- Hang gliding
- Motocross
- Mountain biking
- Mountaineering
- Paragliding
- Rock climbing
- Sand kiting
- Sandboarding
- Scuba diving
- Skateboarding
- Skiing
- Skydiving
- Water skiing

### **Action Words for Different Types of Sports**

It is essential for learners of English as a foreign language in South Sudan to learn common sports and exercise actions and vocabulary words related to sports (Young, 2018).

### ***Sports Verbs Vocabulary***

- Bend
- Bounce
- Catch
- Dribble
- Hit
- Hop
- Jump
- Kick
- Kneel
- Lie down
- Pass
- Ride
- Run
- Serve
- Shoot
- Sit
- Skip
- Stretch
- Throw
- Walk

### **Hobbies**

A hobby is also known as a pastime activity and is something we do for leisure during our free time. There are so many hobbies, some are done outdoors, and some are done indoors in our homes. Many people have one hobby they like doing during their leisure time, while others participate in so many hobbies (Vernon, 2012).

Some hobbies can be done indoors, and others can be done outdoors. These hobbies include:

### ***Indoors***

Some people like to stay at home and take part in their hobby or do it at an organized indoor place; many hobbies can be done indoors or at home (Young, 2018). The followings are examples of indoor hobbies

- Acting/drama
- Astronomy
- Baking
- Blogging
- Board games
- Bowling
- Boxing
- Calligraphy
- Candle Making
- Card games
- Carpentry
- Chess
- Collecting
- Colouring
- Cooking
- Creative writing
- Cross stitch
- Dancing
- Darts
- DJing
- Dominoes
- Drawing
- Embroidery
- Fencing
- Flower arranging
- Furniture building
- Gymnastics
- Home improvements/DLY
- Homebrewing wine or beer
- Ice skating
- Indoor gardening- bonsai trees, miniature herb garden, pot plants
- Jewelry making
- Jigsaw puzzles
- Journalling
- Karate
- Knitting
- Language learning
- Laser tag
- Listening to music
- Magic
- Mahjong
- Meditation
- Model building
- Nail art
- Origami
- Painting
- Photography
- Playing a musical instrument
- Podcasting
- Pool
- Reading
- Scrapbooking
- Sewing
- Singing
- Snooker
- Squash
- Swimming
- Table tennis
- Video gaming
- Watching movies
- Weight training
- Wrestling
- Yoga

### ***Outdoors***

For those who like to get out into the natural environment and do their hobbies in the fresh air, there are plenty of hobbies to participate in (Young, 2018). The outdoor activities include

- |                |                    |                       |
|----------------|--------------------|-----------------------|
| ▪ Archery      | ▪ Football/ soccer | ▪ Sandcastle building |
| ▪ Backpacking  | ▪ Gardening        | ▪ Scuba diving        |
| ▪ Badminton    | ▪ Golf             | ▪ Shooting            |
| ▪ Baseball     | ▪ Handball         | ▪ Shopping            |
| ▪ Basketball   | ▪ Hiking           | ▪ Skateboarding       |
| ▪ Beekeeping   | ▪ Hockey           | ▪ Skating             |
| ▪ Birdwatching | ▪ Horse riding     | ▪ Skiing              |
| ▪ Boating      | ▪ Hunting          | ▪ Skydiving           |
| ▪ Breakdancing | ▪ Kite flying      | ▪ Snorkeling          |
| ▪ Camping      | ▪ Lacrosse         | ▪ Snowboarding        |
| ▪ Canoeing     | ▪ Martial arts     | ▪ Sunbathing          |
| ▪ Car racing   | ▪ Metal detecting  | ▪ Surfing             |
| ▪ Caving       | ▪ Netball          | ▪ Tennis              |
| ▪ Cheerleading | ▪ Outdoor swimming | ▪ Train spotting      |
| ▪ Climbing     | ▪ Parkour          | ▪ Volleyball          |
| ▪ Cricket      | ▪ Polo             | ▪ Walking             |
| ▪ Cycling      | ▪ River rafting    | ▪ Water polo          |
| ▪ Fishing      | ▪ Rugby            |                       |
| ▪ Flying       | ▪ Running          |                       |

***Hobbies for Men and Women***

Although both men and women can do all hobbies, some are most often taken part in by men or women. Let us now look at some of the most common hobbies for men and women (Young, 2018).

**Table 1: Hobbies for Men and Women**

<b>Names of Hobbies for Men</b>	<b>Names of Hobbies for Women</b>
▪ <b>Basketball</b>	▪ Candle Making
▪ <b>Boxing</b>	▪ Cooking
▪ <b>Car racing</b>	▪ Flower arranging
▪ <b>Carpentry</b>	▪ Jewelry making
▪ <b>DJing</b>	▪ Journalling
▪ <b>Fishing</b>	▪ Knitting
▪ <b>Football</b>	▪ Lacrosse
▪ <b>Hunting</b>	▪ Netball
▪ <b>Polo</b>	▪ Origami
▪ <b>Rugby</b>	▪ Shopping
▪ <b>Shooting</b>	▪ Volleyball
▪ <b>Snooker</b>	▪ Yoga

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▪ **Weight training**

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### ***Hobbies for Sport***

Many hobbies involve competition, and people like participating in these sports for fitness and to win awards and trophies. Some people can join in many of these sports hobbies on a competitive level, such as football, cricket, snooker, rugby, volleyball, and boxing, to name a few (Bozon, 2013).

### **Methodology**

A search of the relevant literature was incorporated into the work technique. The research was carried out considering previous theoretical literature, both the published and that which had not. This study focuses on conducting a literature review examining previous research on sports and hobbies activities. This is because sports and hobbies have garnered much attention worldwide in recent years. This conclusion was reached after an in-depth search using various keywords in different databases. The authors conducted basic and advanced searches on Google and other database engines.

### **Findings**

The findings revealed that the main problem in learning English in South Sudan is the curriculum's lack of English vocabulary related to Sports and Hobbies. And this results negatively in a flawed educational system in which school leavers are graduated from their schools with little knowledge, if not ignorant because sports and hobbies knowledge is totally or entirely ignored in setting South Sudan's curriculum. Therefore, it is the right time to improve the educational system of South Sudan and develop the curriculum by injecting sports and hobbies vocabularies into the curriculum development gradually from lower classes to senior ones.

### **Conclusion**

Everyone has many hobbies, and everyone can find a suitable activity to participate in during their free time, depending on everyone's desire and readiness. However, when speaking in the English Language, it is essential to refer to your hobby precisely and talk about it confidently.

### **Recommendations**

This research will be of great importance to the people of South Sudan in general, and the coming generation in Particular, to find a ready work to help them learn sports and hobbies vocabulary in English. Therefore the study recommends to the Ministry of education, the school of languages, and other locations where English is taught as a foreign language in South Sudan the necessity of including sports and hobbies vocabularies in our education system to upgrade curriculum development.

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