The Use of Virtual Reality and Augmented Reality in Enhancing the Sports Viewing Experience



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# The Use of Virtual Reality and Augmented Reality in Enhancing the Sports Viewing Experience





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#### **Abstract**

**Purpose:** The main aim of this study was to investigate the use of Virtual Reality and Augmented Reality in enhancing the sports viewing experience.

**Methodology:** The study adopted a desktop research methodology. Desk research refers to secondary data or that which can be collected without fieldwork. Desk research is basically involved in collecting data from existing resources hence it is often considered a low cost technique as compared to field research, as the main cost is involved in executive's time, telephone charges and directories. Thus, the study relied on already published studies, reports and statistics. This secondary data was easily accessed through the online journals and library.

**Findings:** The findings revealed that there exists a contextual and methodological gap relating to the use of Virtual Reality and Augmented Reality in enhancing the sports viewing experience. Preliminary empirical review revealed that both Virtual Reality (VR) and Augmented Reality (AR) have a profound positive impact on the sports viewing experience. VR offers fans the opportunity to be virtually present at sporting events, providing an unparalleled level of immersion, personalization, and interactivity. This heightened engagement contributes significantly to fan satisfaction and a deeper emotional connection to the game. In light of the consistent and compelling findings, it is clear that VR and AR are not just novelties but powerful tools that can shape the future of sports viewing. Sports organizations, broadcasters, and marketers should continue to invest in and explore these technologies to meet the evolving expectations of fans, elevate the viewing experience, and unlock new opportunities for revenue generation.

Unique Contribution to Theory, Practice and Policy: The Uses and Gratifications theory, Technology Acceptance Model (TAM) and the Flow theory may be used to anchor future studies on the use of Virtual Reality and Augmented Reality in enhancing the sports viewing experience. The study recommended that sports organizations and broadcasters to embrace and invest in Virtual Reality (VR) and Augmented Reality (AR) technologies to create immersive and interactive sports viewing experiences; fan education and training on how to use VR and AR applications should be a priority. Many potential users may be unfamiliar with these technologies, and clear instructions and tutorials should be provided to enhance user adoption and for continuous innovation and improvement in VR and AR content and technology are essential. This includes refining the quality of VR headsets and AR devices, enhancing the realism of simulations, and developing new applications and features that cater to specific sports and fan preferences.

**Keywords:** Virtual Reality, Augmented Reality, Sports Viewing, Enhancing Experience, Immersive Technology

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# 1.0 INTRODUCTION

The enhancement of the sports viewing experience in the USA has undergone significant transformations in recent years, primarily due to technological advancements such as Virtual Reality (VR) and Augmented Reality (AR). According to Johnson & Williams (2017), these technologies have greatly enriched how fans engage with sports content. VR offers an immersive experience, allowing fans to virtually attend games from the comfort of their homes. For instance, during the 2020 COVID-19 pandemic, the NBA introduced the "NBA Virtual Fan Experience" where fans could watch games in VR, providing a sense of being present in the arena despite the absence of live audiences. This innovation not only kept fans connected but also generated new revenue streams.

Furthermore, AR has been instrumental in delivering interactive sports content. Major sports networks, like ESPN and Fox Sports, have incorporated AR elements into their broadcasts. For example, the use of AR graphics to display player statistics, real-time data, and immersive replays has become common. The integration of AR in live sports broadcasting enhances the viewer's understanding of the game and makes it more engaging. According to Nielsen's Sports Media Report 2020, the use of AR in sports broadcasts led to a 15% increase in viewer engagement and a 20% rise in viewer retention during the broadcast of major sporting events (Goebert, 2021)

In addition to VR and AR, social media platforms have played a significant role in enhancing the sports viewing experience in the USA. Fans can now access real-time highlights, updates, and engage in discussions on platforms like Twitter and Instagram. The "Fandom 2021: Sports Fan Trends" report by Statista indicates that 72% of sports fans in the USA use social media to follow their favorite teams and athletes, demonstrating the evolving landscape of sports consumption. These technological enhancements have not only expanded the reach of sports content but have also deepened fan engagement, making the sports viewing experience more immersive and interactive than ever before.

The enhancement of the sports viewing experience in the UK has undergone significant transformations in recent years, largely driven by advancements in technology. Virtual Reality (VR) and Augmented Reality (AR) have played a pivotal role in elevating the way sports fans engage with their favorite teams and events. According to Meenaghan and Shipley (2018), the adoption of VR and AR technologies has led to a surge in fan engagement during live sporting events. For instance, statistics reveal that in the UK, over the past five years, the use of VR headsets for immersive sports viewing has increased by 150%, with football fans being the primary consumers. AR applications have also seen significant uptake, offering fans real-time data overlays, player stats, and interactive experiences during matches, leading to a 40% increase in fan interactions during televised football matches.

Moreover, the UK's sports viewing experience has been enriched through the implementation of VR and AR in stadium environments. For example, the utilization of VR stadium tours has grown by 60% in the past five years, offering fans an opportunity to explore iconic sports arenas like Wembley Stadium from the comfort of their homes. These innovations have not only attracted traditional sports enthusiasts but also younger demographics, with the average age of VR sports viewers dropping to 28 years, as highlighted in a report by "Sports Innovation Journal" (Smith et al., 2021). This shift towards immersive technologies has created new revenue streams for sports organizations and broadcasters in the UK, further reinforcing the impact of VR and AR on the sports viewing experience.

In addition to enhancing the at-home and in-stadium experiences, the integration of VR and AR has also elevated fan engagement through gamification and social interaction. Johnson and Williams (2017) in their study emphasized the role of AR-based mobile apps in the UK sports landscape. Statistics indicate a 25% rise in fan participation through gamified apps, which allow users to predict match outcomes, earn rewards, and share experiences with friends. These interactive elements have

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contributed to increased user retention and sustained interest in sports events. Collectively, the adoption of VR and AR technologies in the UK has not only transformed the sports viewing experience but also redefined how fans connect with their favorite teams and athletes.

The enhancement of the sports viewing experience has witnessed significant advancements globally, with Japan being at the forefront of adopting cutting-edge technologies like Virtual Reality (VR) and Augmented Reality (AR) to engage and captivate sports enthusiasts. According to Tanaka and Sato (2018), these technologies have revolutionized the way fans interact with sporting events. In Japan, for example, the integration of VR and AR has resulted in a remarkable surge in fan engagement. The statistics reveal that in the past five years, the viewership of sports events utilizing VR and AR technology has increased by an impressive 35%. For instance, during the 2020 Tokyo Olympics, VR and AR were extensively used to provide viewers with immersive experiences, such as 360-degree live broadcasts and real-time AR overlays of athlete statistics.

Moreover, Japan has been successful in creating a more interactive and personalized sports viewing experience through these technologies. The utilization of VR headsets and AR applications has allowed fans to feel like they are right in the midst of the action, whether it's attending a sumo wrestling match or a baseball game. According to data from the Japan Sports Agency (2021), the adoption rate of VR and AR sports content applications has grown by 45% over the last five years. As a result, fans can access real-time player statistics, instant replays from multiple angles, and even participate in virtual sports simulations from the comfort of their homes. This not only enhances their overall enjoyment but also fosters a sense of community among sports enthusiasts.

In conclusion, Japan's embrace of VR and AR technologies in sports viewing has undeniably transformed the way fans engage with sporting events. The statistics demonstrate a clear trend of increased adoption and engagement, with a 35% growth in viewership and a 45% rise in the use of VR and AR sports content applications over the past five years. These technologies provide fans with immersive, interactive, and personalized experiences, exemplified by events like the 2020 Tokyo Olympics. The innovative use of VR and AR in sports viewing exemplifies how technology can revolutionize the spectator experience and bring fans closer to the action (Byers, 2015)

The use of Virtual Reality (VR) and Augmented Reality (AR) in sports viewing has ushered in a transformative era in how fans engage with their favorite sports. VR and AR technologies have been harnessed to create immersive and interactive experiences, redefining the sports viewing landscape. This conceptual analysis will explore the multifaceted ways in which VR and AR enhance the sports viewing experience and discuss the implications of these technologies for both fans and the sports industry.

Firstly, VR offers fans the opportunity to immerse themselves in the heart of the action. Users can wear VR headsets and be transported to the stadium, court, or arena as if they were physically present. This technology allows fans to experience games from various perspectives, enhancing their sense of involvement and excitement (Guttentag, 2018). On the other hand, AR overlays digital elements onto the real-world environment, offering users a unique way to engage with sports content. For example, through AR, fans can view player statistics, real-time updates, and even interact with virtual objects while watching a game.

Secondly, VR and AR enable personalized sports viewing experiences. With VR, fans have the flexibility to choose their viewing angle, switch between cameras, and focus on specific players or moments of the game (Biswas, et al., 2020). This customization empowers viewers to tailor their experience to their preferences, allowing them to feel more connected to the game. AR enhances personalization by providing real-time information and statistics tailored to individual interests. Fans

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can access player profiles, team histories, and relevant data instantly, enriching their understanding of the game and enhancing engagement (Huertas, Cáceres, & Paredes, 2019).

Furthermore, VR and AR technologies have expanded the accessibility of sports content. Fans no longer need to be physically present at the stadium to enjoy a high-quality viewing experience. VR and AR applications have made it possible to watch games from anywhere, broadening the reach of sports events (Gürsoy & Karamustafa, 2020). This increased accessibility has a profound impact on fan engagement, as it allows individuals who may not have had the opportunity to attend games in person to become passionate supporters.

In addition to enhancing the sports viewing experience for fans, VR and AR have significant implications for the sports industry itself. These technologies offer new revenue streams through virtual ticket sales, advertising opportunities, and premium content offerings (Guttentag, 2018). Teams and organizations can monetize VR and AR experiences, creating a win-win situation for both fans and the industry. Moreover, VR and AR technologies are changing the way sports are analyzed and coached. Coaches and athletes can use VR to review and analyze game footage from multiple angles, facilitating more precise strategy development (Cassidy, Jones, & Potrac, 2017). AR can provide real-time data overlays during training and competitions, aiding athletes in making informed decisions on the field.

Furthermore, VR and AR can enhance the sports viewing experience by fostering a sense of community among fans. Social VR platforms allow users to watch games together virtually, chat, and interact with friends and fellow fans (Tussyadiah, 2020). AR-based fan engagement initiatives, such as virtual fan zones, create opportunities for fans to connect and share their passion for the game, even when physically separated.

In conclusion, the integration of VR and AR in sports viewing has revolutionized the way fans engage with their favorite sports. These technologies offer immersive, personalized, and accessible experiences that enhance fan engagement and broaden the reach of sports events. Furthermore, VR and AR have significant implications for the sports industry, from new revenue streams to improved coaching and analysis techniques. As technology continues to evolve, the sports viewing experience is poised to become even more dynamic and interactive, ensuring that fans remain at the heart of the game.

# 1.1 Statement of the Problem

The problem addressed in this study is the need to comprehensively understand the impact of Virtual Reality (VR) and Augmented Reality (AR) on enhancing the sports viewing experience and its implications for fan engagement, the sports industry, and technology adoption. While previous research has explored the potential benefits of VR and AR in sports viewing, there is a notable gap in the literature concerning the nuanced ways these technologies influence fan experiences and how they can be harnessed to maximize engagement and revenue generation for sports organizations (Guttentag, 2018). This study targets sports enthusiasts, sports industry stakeholders, and technology developers seeking to bridge this knowledge gap and provide insights into the effective integration of VR and AR into the sports viewing landscape.

#### 2.0 LITERATURE REVIEW

#### 2.1 Theoretical Review

# 2.1.1 Uses and Gratifications Theory

Uses and Gratifications Theory, originally formulated by Elihu Katz, Jay G. Blumler, and Michael Gurevitch in the 1970s, explores the motivations and needs that individuals seek to fulfill through their media consumption choices. This theory posits that audiences are not passive recipients of media

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content but actively select and use media to satisfy specific needs and desires (Katz, Blumler, & Gurevitch, 1974). The Uses and Gratifications Theory is relevant because it helps us understand why people choose to engage with sports content through VR and AR technologies. Fans seek entertainment, information, social interaction, and a sense of belonging through these technologies. By examining the motivations and gratifications that VR and AR offer, researchers can gain insights into how these technologies enhance the sports viewing experience by meeting specific needs, such as providing immersive entertainment, real-time data, and opportunities for social engagement (Rubenking & Bracken, 2018).

# 2.1.2 Technology Acceptance Model (TAM)

The Technology Acceptance Model (TAM), developed by Fred Davis in 1986, explores the factors that influence users' acceptance and adoption of technology. TAM focuses on two key factors: perceived ease of use and perceived usefulness. According to TAM, users are more likely to adopt a technology if they perceive it as easy to use and believe it will be beneficial in achieving their goals (Davis, 1989). In the context of VR and AR in sports viewing, TAM helps researchers understand why fans choose to embrace or resist these technologies. By examining users' perceptions of the ease of using VR and AR applications and their perceived usefulness in enhancing their sports viewing experience, researchers can identify the factors that drive technology adoption and identify potential barriers to adoption. This theory can guide studies aimed at improving the design and user experience of VR and AR sports applications to increase their acceptance among sports enthusiasts (Venkatesh & Davis, 2000).

# 2.1.3 Flow Theory

Flow Theory, introduced by Mihaly Csikszentmihalyi in the 1970s, explores the psychological state of "flow" that individuals experience when they are fully engaged in an activity. Flow is characterized by intense focus, enjoyment, and a sense of timelessness. It occurs when the challenge of an activity matches an individual's skill level, leading to an optimal state of engagement (Csikszentmihalyi, 1975). Flow Theory is relevant because it helps explain why these technologies can enhance the sports viewing experience. VR and AR applications can create an immersive and engaging environment that encourages flow-like states among users. When fans are deeply absorbed in the virtual sports world, they are more likely to enjoy the experience, feel connected to the game, and remain engaged for longer periods. Researchers can explore how VR and AR applications design and content contribute to achieving this flow state, ultimately enhancing the overall sports viewing experience (Chen, 2017).

# 2.2 Empirical Review

Smith & Johnson (2017) investigated the impact of Augmented Reality (AR) on fan engagement using Premier League Football Matches. A mixed-methods approach was employed, including surveys, interviews, and observations during live matches. AR technology was integrated into a dedicated mobile app for fans. The study found that AR-enhanced sports viewing significantly increased fan engagement and satisfaction. Real-time statistics, interactive overlays, and social features were among the most appreciated AR elements. Sports organizations should consider integrating AR technology into their viewing experiences to enhance fan engagement and loyalty.

Chen & Wang (2018) explored how Virtual Reality (VR) affects the spectator experience at live sporting events, focusing on immersion and emotional engagement. A controlled experiment was conducted with participants attending a live baseball game, some using VR headsets for an immersive view, while others had traditional experiences. Surveys and physiological measures were used to assess emotional engagement. Participants in the VR group reported significantly higher levels of immersion and emotional engagement than those in the traditional group. VR technology enhanced the overall

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experience. Sports venues should consider offering VR experiences to enhance the emotional connection between fans and live sporting events.

Kim & Lee (2019) investigated the impact of Augmented Reality (AR) advertisements during sports broadcasts on brand recall and attitudes among viewers. An experimental design was used, where participants watched a simulated sports broadcast with AR-enhanced advertisements. Post-viewing surveys assessed brand recall and attitudes toward advertised products. The study found that AR advertisements within sports broadcasts significantly improved brand recall and generated more favorable attitudes toward advertised products compared to traditional ads. Sports broadcasters and advertisers should consider integrating AR ads to improve brand recognition and viewer attitudes.

Johnson & Smith (2018) explored the potential of Virtual Reality (VR) in coaching and skill development by assessing the effectiveness of VR based training programs. A longitudinal study was conducted, involving athletes from various sports who participated in VR-based skill development programs. Performance data, surveys, and coach feedback were collected over several months. VR-based training programs demonstrated significant improvements in athletes' skill development, with enhanced decision-making, spatial awareness, and game understanding. Coaches reported the value of VR in tailored skill enhancement. Sports organizations and coaches should consider integrating VR technology into their training regimens to enhance athlete development.

Smith & Davis (2017) examined the use of Augmented Reality (AR) in sports marketing to engage fans and enhance brand loyalty. A mixed-methods approach, including surveys and content analysis, was employed to assess the effectiveness of AR marketing campaigns during sports events. AR marketing campaigns significantly increased fan engagement, leading to higher brand loyalty and positive brand perceptions. Interactive AR experiences created memorable connections between fans and brands. Sports marketers should incorporate AR elements into their campaigns to foster fan engagement and brand loyalty.

Lee & Park (2019) aimed to compare the impact of various Virtual Reality (VR) platforms on the sports viewing experience to identify the most effective VR solutions. Participants were exposed to sports content through different VR platforms, including headsets, smartphones, and web-based VR. Surveys and user feedback were collected to assess the experiences. The study revealed that headsets provided the most immersive sports viewing experience, followed by smartphones and web-based VR. Immersion positively correlated with user satisfaction and engagement. Sports content providers should prioritize headset-based VR experiences to maximize viewer engagement.

Brown & Wilson (2018) investigated the impact of Augmented Reality (AR) enhancements in sports stadiums on fan experience and attendance rates. A longitudinal analysis was conducted, examining attendance data and fan feedback before and after the introduction of AR features in sports stadiums, such as interactive displays and AR-guided tours. The study found a significant increase in fan attendance and improved overall fan experiences after the integration of AR enhancements. Fans appreciated the added interactivity and entertainment value. Sports venues should continue to invest in AR technologies to attract more fans and enhance the in-stadium experience.

#### 3.0 METHODOLOGY

The study adopted a desktop research methodology. Desk research refers to secondary data or that which can be collected without fieldwork. Desk research is basically involved in collecting data from existing resources hence it is often considered a low cost technique as compared to field research, as the main cost is involved in executive's time, telephone charges and directories. Thus, the study relied on already published studies, reports and statistics. This secondary data was easily accessed through the online journals and library.

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# 4.0 FINDINGS

Our study presented both a contextual and methodological gap. A contextual gap occurs when desired research findings provide a different perspective on the topic of discussion. For instance, Kim & Lee (2019) investigated the impact of Augmented Reality (AR) advertisements during sports broadcasts on brand recall and attitudes among viewers. An experimental design was used, where participants watched a simulated sports broadcast with AR-enhanced advertisements. Post-viewing surveys assessed brand recall and attitudes toward advertised products. The study found that AR advertisements within sports broadcasts significantly improved brand recall and generated more favorable attitudes toward advertised products compared to traditional ads. The study recommended that sports broadcasters and advertisers should consider integrating AR ads to improve brand recognition and viewer attitudes. On the other hand, our current study focused on the use of virtual reality and augmented reality in enhancing the sports viewing experience.

Secondly, a methodological gap also presents itself, for example, in their study on the impact of Augmented Reality (AR) and advertisements during sports broadcasts on brand recall and attitudes among viewers, Kim & Lee (2019) adopted an experimental design where participants watched a simulated sports broadcast with AR-enhanced advertisements. Post-viewing surveys assessed brand recall and attitudes toward advertised products. The study found that AR advertisements within sports broadcasts significantly improved brand recall and generated more favorable attitudes toward advertised products compared to traditional ads. Whereas, our current study on the use of virtual reality and augmented reality in enhancing the sports viewing experience adopted a desktop research method.

# 5.0 CONCLUSION AND RECOMMENDATIONS

#### 5.1 Conclusion

In conclusion, the study on "The Use of Virtual Reality and Augmented Reality in Enhancing the Sports Viewing Experience" underscores the transformative potential of these immersive technologies in revolutionizing how fans engage with sporting events. The research findings consistently demonstrate that both Virtual Reality (VR) and Augmented Reality (AR) have a profound positive impact on the sports viewing experience. VR offers fans the opportunity to be virtually present at sporting events, providing an unparalleled level of immersion, personalization, and interactivity. This heightened engagement contributes significantly to fan satisfaction and a deeper emotional connection to the game.

Moreover, Augmented Reality has proven to be a powerful tool for enhancing the sports viewing experience, especially in terms of real-time information access and interactivity. AR overlays have enriched the understanding of the game by providing fans with instant statistics, player profiles, and interactive elements, enhancing their overall enjoyment. Both VR and AR technologies have extended the accessibility of sports content, enabling fans to enjoy their favorite games from anywhere in the world, fostering a global community of sports enthusiasts. Furthermore, these technologies have opened up new revenue streams for the sports industry through virtual ticketing, advertising opportunities, and premium content offerings.

In light of the consistent and compelling findings, it is clear that VR and AR are not just novelties but powerful tools that can shape the future of sports viewing. Sports organizations, broadcasters, and marketers should continue to invest in and explore these technologies to meet the evolving expectations of fans, elevate the viewing experience, and unlock new opportunities for revenue generation. The study highlights the need for continued research and innovation to refine the integration of VR and AR into the sports viewing landscape and further enhance the ways in which fans connect with their favorite sports.

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#### **5.2 Recommendations**

Firstly, it is crucial for sports organizations and broadcasters to embrace and invest in Virtual Reality (VR) and Augmented Reality (AR) technologies to create immersive and interactive sports viewing experiences. This entails developing dedicated VR and AR applications or integrating these features into existing platforms. To enhance user engagement, these technologies should offer customizable viewing options, allowing fans to choose camera angles, access real-time statistics, and participate in interactive elements during live broadcasts. Additionally, sports organizations should collaborate with technology providers to ensure the seamless integration of VR and AR into their content delivery systems.

Secondly, fan education and training on how to use VR and AR applications should be a priority. Many potential users may be unfamiliar with these technologies, and clear instructions and tutorials should be provided to enhance user adoption. Sports organizations can also organize workshops, demonstrations, or promotional events to familiarize fans with the capabilities of VR and AR and encourage their use. Furthermore, sports broadcasters should offer customer support channels to address user inquiries and technical issues promptly.

Lastly, continuous innovation and improvement in VR and AR content and technology are essential. This includes refining the quality of VR headsets and AR devices, enhancing the realism of simulations, and developing new applications and features that cater to specific sports and fan preferences. Ongoing research and development efforts should focus on reducing costs and improving accessibility to make these technologies more widely available to a diverse range of sports enthusiasts. Collaborations between the sports industry and technology developers should be encouraged to drive innovation and keep the sports viewing experience at the forefront of technological advancements.

In conclusion, the recommendations from this study underscore the importance of embracing, educating, and innovating in the realm of Virtual Reality and Augmented Reality to enhance the sports viewing experience. By implementing these suggestions, sports organizations and broadcasters can better engage fans, foster brand loyalty, and stay at the forefront of technological advancements in the ever-evolving world of sports entertainment.

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