Impact of Technological Advancements on Human Existence
Impact of Technological Advancements on Human Existence

Awa Vernyuy
Strathmore University

Abstract

Purpose: The general objective of the study was to examine the impact of technological advancements on human existence.

Methodology: The study adopted a desktop research methodology. Desk research refers to secondary data or that which can be collected without fieldwork. Desk research is basically involved in collecting data from existing resources hence it is often considered a low cost technique as compared to field research, as the main cost is involved in executive’s time, telephone charges and directories. Thus, the study relied on already published studies, reports and statistics. This secondary data was easily accessed through the online journals and library.

Findings: The findings reveal that there exists a contextual and methodological gap relating to impact of technological advancements on human existence. Preliminary empirical review revealed that technology exerted a dual influence on society, both enhancing and detracting from human well-being. Empirical findings revealed that while innovations like smartphones and social media platforms offered unprecedented connectivity, they also posed risks to mental health and social relationships. Similarly, workplace automation and AI integration improved productivity but raised concerns about job displacement. Furthermore, the study emphasized the importance of considering socio-cultural, economic, and environmental factors in understanding technology's impact. Overall, the findings underscored the need for a balanced approach to technological innovation that prioritizes human well-being, equity, and sustainability, suggesting initiatives such as promoting digital literacy and fostering inclusive technological development.

Unique Contribution to Theory, Practice and Policy: The Technological Determinism, Social Construction of Technology (SCOT) and Actor-Network Theory (ANT) may be used to anchor future studies on technological advancements on human existence. The study provided recommendations that contributed to theory, practice, and policy. It suggested further exploration of interdisciplinary theoretical frameworks to understand technology's complex dynamics, advocated for proactive strategies in organizations to mitigate negative impacts, and called for regulatory frameworks balancing innovation with societal values. These recommendations aimed to foster digital literacy, ethical innovation, and equitable access to technology, guiding stakeholders in navigating the complexities of technology's influence on society.

Keywords: Technological Advancements, Human Existence, Interdisciplinary, Digital Literacy, Ethical Innovation, Regulation, Equity, Innovation, Societal Values, Technology's Influence
1.0 INTRODUCTION

Human existence is a multifaceted concept encompassing various dimensions of life, including social, cultural, economic, and environmental aspects. It reflects the collective experiences, behaviors, and conditions of individuals and societies across different regions of the world. In the contemporary era, the dynamics of human existence are significantly influenced by technological advancements, which shape daily activities, social interactions, and overall lifestyles. In the USA, human existence is characterized by a high level of technological integration across various domains of life. According to Pew Research Center (2020), around 90% of adults in the USA use the internet, reflecting widespread digital connectivity. This connectivity has transformed communication patterns, with social media platforms such as Facebook and Twitter playing central roles in shaping interpersonal relationships and cultural dynamics (Smith & Anderson, 2018). Additionally, technological innovations in healthcare, such as telemedicine and electronic health records, have improved access to medical services and patient outcomes (Adler-Milstein & Bates, 2019). However, the rapid pace of technological change has also led to concerns about digital divides and privacy issues, particularly among marginalized communities (Madden, Smith & Cortesi, 2013).

Similarly, in the UK, technological advancements have become integral to human existence, influencing various aspects of daily life. According to the Office for National Statistics (2020), the percentage of households with internet access in the UK reached 96% in 2020, indicating widespread digital adoption. This digitalization has reshaped industries such as finance, education, and entertainment, facilitating remote work, online learning, and digital entertainment platforms (Brynjolfsson & McAfee, 2014). Moreover, the UK government has invested in initiatives such as the National Health Service (NHS) Digital to enhance healthcare services through digital technologies (Greenhalgh, Wherton, Shaw & Morrison, 2020). However, challenges persist in addressing digital inequalities, particularly in rural areas and among older adults (Helsper & Eynon, 2010).

Japan exemplifies a society where technological advancements coexist with traditional cultural values, shaping unique expressions of human existence. With a strong emphasis on innovation and efficiency, Japan has pioneered developments in robotics, transportation, and electronics (Aoyama, Beckley & Orru, 201). The widespread adoption of technology is evident in daily life, from high-speed trains and automated manufacturing processes to ubiquitous vending machines and digital payment systems (Cole, 2015). Moreover, Japan's aging population has spurred innovations in healthcare robotics and assistive devices to support elderly individuals in daily activities (Wada & Shibata, 2016). Despite these advancements, concerns have emerged regarding the social implications of technology, such as depersonalization and social isolation among youth (Ito, 2019).

In Brazil, human existence reflects a complex interplay between technological progress, socioeconomic disparities, and cultural diversity. While urban centers such as São Paulo and Rio de Janeiro showcase modern infrastructures and digital connectivity, rural areas and marginalized communities face challenges in accessing basic services and technological resources (Monteiro, Souza & da Silva, 2018). According to the Brazilian Institute of Geography and Statistics (2020), internet penetration in Brazil stood at approximately 70% in 2020, with significant disparities between urban and rural areas. The digital divide exacerbates existing inequalities in education, healthcare, and economic opportunities (Silva & Conceição, 2019). Moreover, Brazil grapples with issues of digital security and privacy in the context of increasing cyber threats and data breaches (Gomes & Monteiro, 2020).

Across African countries, human existence is shaped by a diverse range of cultural, economic, and technological factors, reflecting the continent's rich tapestry of traditions and histories. While access to technology varies widely between countries and regions, mobile phone penetration has surged in
recent years, offering opportunities for communication, commerce, and information access (Chigona & Chigona, 2018). For example, in Nigeria, mobile phone subscriptions reached over 180 million in 2020, driving innovation in mobile banking and digital entrepreneurship (Adejoh & Alabi, 2020). However, challenges such as inadequate infrastructure, digital literacy gaps, and regulatory barriers hinder widespread technological adoption and equitable access to digital resources (Mbarika, Mbarika & Musa, 2014). Efforts to bridge these gaps through initiatives like the African Union's Agenda 2063 aim to harness technology for sustainable development and inclusive growth (African Union, 2015).

Technological advancements represent the continual evolution and innovation of tools, systems, and processes aimed at enhancing human capabilities and improving efficiency in various domains of life. These advancements encompass a wide array of developments, including but not limited to information technology, artificial intelligence, biotechnology, and renewable energy. As noted by Brynjolfsson and McAfee (2014), technological progress is characterized by exponential growth, with each new innovation building upon previous achievements, leading to transformative changes in society. The rapid pace of technological advancements has profound implications for human existence, shaping how individuals interact, work, communicate, and perceive the world around them. One of the most significant technological advancements in recent decades has been the proliferation of information technology, which has revolutionized communication and connectivity on a global scale (Castells, 2012). The advent of the internet, mobile devices, and social media platforms has facilitated instantaneous communication and information sharing, transcending geographical boundaries and enabling unprecedented levels of interconnectedness among individuals and communities (Castells, 2012). This interconnectedness has fundamentally transformed how people interact, collaborate, and engage in social, political, and economic activities, thus shaping the fabric of human existence in the digital age.

The emergence of artificial intelligence (AI) and automation technologies represents another major milestone in technological advancements, with profound implications for various aspects of human existence (Brynjolfsson & McAfee, 2014). AI-driven systems, powered by machine learning algorithms, have the capacity to perform tasks that were once exclusive to human intelligence, ranging from data analysis and pattern recognition to autonomous decision-making and problem-solving (Russell & Norvig, 2016). As AI applications become increasingly integrated into everyday life, they have the potential to enhance productivity, efficiency, and convenience across diverse sectors, while also raising ethical and socio-economic concerns related to job displacement, algorithmic bias, and control over technology (Brynjolfsson & McAfee, 2014). Technological advancements in biotechnology have revolutionized healthcare and medical research, leading to breakthroughs in disease diagnosis, treatment, and prevention (Dixon & Marley, 2016). Developments such as genome editing, personalized medicine, and regenerative therapies hold promise for addressing complex health challenges and extending human lifespan (Dixon & Marley, 2016). Biotechnological innovations not only improve individual health outcomes but also have broader implications for population health, healthcare delivery, and public health policy, thus shaping the quality of human existence and well-being.

The transition towards renewable energy sources represents a critical advancement in addressing environmental challenges and promoting sustainable development (IPCC, 2018). Technologies such as solar, wind, and hydroelectric power offer viable alternatives to fossil fuels, reducing carbon emissions and mitigating the impacts of climate change (IPCC, 2018). The adoption of renewable energy technologies not only fosters environmental sustainability but also stimulates economic growth, creates green jobs, and enhances energy security (IPCC, 2018). By reducing reliance on finite resources and minimizing ecological harm, renewable energy advancements contribute to a more resilient and equitable human existence. Advancements in transportation technologies have reshaped
urban mobility and the way people navigate their environments (Shaheen, Cohen & Zohdy, 2016). From electric vehicles and autonomous drones to hyperloop systems and ride-sharing platforms, innovative transportation solutions offer efficient, safe, and sustainable alternatives to traditional modes of travel. These advancements not only improve access to transportation services but also reduce congestion, pollution, and greenhouse gas emissions, thereby enhancing the livability and quality of life in urban areas.

The concept of smart cities, enabled by advanced technologies such as Internet of Things (IoT) sensors, big data analytics, and artificial intelligence, is revolutionizing urban planning and governance (Caragliu, Del Bo & Nijkamp, 2011). Smart city initiatives leverage technology to enhance infrastructure efficiency, optimize resource allocation, and improve public services, leading to more sustainable, resilient, and inclusive urban environments. By integrating digital technologies into urban spaces, smart cities strive to enhance the quality of life for residents, foster economic growth, and address pressing urban challenges such as congestion, pollution, and inequality. Technological advancements have transformed the landscape of education and lifelong learning, expanding access to knowledge and skills development (Ally, 2019). Online learning platforms, digital textbooks, and interactive educational tools enable learners to access educational resources anytime, anywhere, breaking down barriers to traditional education. Moreover, emerging technologies such as virtual reality (VR) and augmented reality (AR) offer immersive learning experiences that enhance engagement and retention. These advancements in educational technology have the potential to democratize education, empower learners of all ages and backgrounds, and cultivate a more knowledgeable and adaptable global workforce.

As technological advancements continue to accelerate, ethical considerations and governance frameworks become increasingly important to ensure responsible innovation and mitigate potential risks (Floridi, 2019). Ethical issues related to privacy, security, bias, and accountability arise across various domains of technology, requiring thoughtful reflection and regulatory action. Stakeholders in government, industry, academia, and civil society play crucial roles in shaping technological trajectories and promoting ethical standards that prioritize human rights, dignity, and well-being. Technological advancements are integral to human existence, shaping how individuals live, work, communicate, and relate to the world around them. From information technology and artificial intelligence to biotechnology and renewable energy, innovations in technology have profound implications for societal progress, economic development, and environmental sustainability. By understanding the complexities of technological advancements and their linkages to human existence, we can harness the potential of technology to address global challenges and enhance the collective well-being of humanity.

1.1 Statement of the Problem

The impact of technological advancements on human existence is a multifaceted and dynamic phenomenon that requires thorough investigation to comprehend its implications fully. According to recent statistics, the global expenditure on research and development (R&D) has been steadily increasing over the years, reaching $2.4 trillion in 2020 (World Bank, 2021). This substantial investment underscores the significance of technological innovation in shaping various aspects of human life. However, despite the proliferation of technological solutions across diverse sectors, there remains a notable gap in understanding the nuanced ways in which these advancements influence human existence. One of the key research gaps that this study aims to address is the differential impact of technological advancements across different socio-economic contexts. While developed countries like the United States and the United Kingdom have experienced rapid technological adoption and integration, disparities in access and utilization persist within and between nations (OECD, 2020). Moreover, there is limited research exploring how technological advancements intersect with cultural,
political, and environmental factors to shape human existence in diverse global contexts. By examining these complexities, this study seeks to provide insights into the specific challenges and opportunities faced by various populations, thereby informing more equitable and inclusive approaches to technological development. The findings of this study will benefit a wide range of stakeholders, including policymakers, businesses, researchers, and civil society organizations. Policymakers can use the insights gained to formulate evidence-based policies and regulations that promote responsible innovation and address emerging societal challenges associated with technological advancements (Floridi, 2019). Similarly, businesses can leverage the findings to develop more tailored products and services that meet the diverse needs and preferences of global consumers, thus enhancing their competitiveness and market relevance (Brynjolfsson & McAfee, 2014). Additionally, researchers will benefit from the empirical evidence generated by this study, which can serve as a foundation for further investigations into specific dimensions of the relationship between technological advancements and human existence, such as digital literacy, privacy rights, and social equity (Floridi, 2019). Overall, the findings of this study have the potential to catalyze informed decision-making and foster more sustainable and inclusive socio-technological futures.

2.0 LITERATURE REVIEW

2.1 Theoretical Review

2.1.1 Technological Determinism

Technological determinism is a theory that posits technology as the primary driver of social change and human behavior (Winner, 1986). Originating from scholars such as Marshall McLuhan and Jacques Ellul, this theory emphasizes the transformative power of technology in shaping societies, cultures, and individual lives. According to technological determinism, technological advancements unfold according to their own logic and momentum, influencing social structures and norms in profound ways (Winner, 1986). In the context of the research on the impact of technological advancements on human existence, this theory provides a framework for understanding how technological innovations reshape various dimensions of human life, from communication patterns and economic systems to cultural values and identities. By examining the deterministic effects of technology on human existence, researchers can explore how technological developments shape behaviors, attitudes, and lived experiences in contemporary societies.

2.1.2 Social Construction of Technology (SCOT)

The Social Construction of Technology (SCOT) theory, developed by scholars such as Wiebe Bijker and Trevor Pinch, offers an alternative perspective to technological determinism by highlighting the role of social actors and contexts in shaping technological outcomes (Bijker, Hughes & Pinch, (Eds.), 1987). According to SCOT, technologies are not inherently deterministic but are instead socially constructed through interactions between various stakeholders, including designers, users, policymakers, and interest groups. This theory emphasizes the importance of understanding the socio-cultural, political, and economic factors that influence the development, adoption, and use of technologies. In the context of the research on the impact of technological advancements on human existence, SCOT provides a nuanced framework for analyzing how societal values, power dynamics, and institutional structures mediate the effects of technology on individuals and communities. By adopting a social constructionist approach, researchers can uncover the diverse ways in which technological advancements are interpreted, contested, and appropriated within different social contexts, thus illuminating the complex interplay between technology and human existence.
2.1.3 Actor-Network Theory (ANT)

Actor-Network Theory (ANT), originating from the work of scholars such as Bruno Latour and Michel Callon, offers a relational approach to understanding the dynamics of technological change (Latour, 1987). ANT conceptualizes technology as a network of heterogeneous actors, including human and non-human entities, whose interactions shape the development and diffusion of technological innovations. Unlike traditional theories that focus on human agency or technological determinism, ANT considers both human and non-human actors as agentic forces that influence the trajectory of technological advancements. In the context of the research on the impact of technological advancements on human existence, ANT enables researchers to trace the intricate networks of actors involved in the design, production, distribution, and use of technologies. By mapping these actor-networks, researchers can elucidate the socio-technical processes through which technological innovations emerge, circulate, and impact human lives, thereby providing insights into the complex interdependencies between technology and human existence.

2.2 Empirical Review

Smith & Jones (2018) investigated the impact of smartphone use on mental health and social interactions among college students. The researchers conducted a cross-sectional survey involving 500 college students, assessing their smartphone usage patterns, mental health symptoms, and perceived social support. The study found a significant correlation between excessive smartphone use and higher levels of anxiety, depression, and loneliness among college students. Additionally, frequent smartphone users reported lower levels of perceived social support compared to moderate users. The findings underscore the importance of promoting healthy smartphone habits and fostering face-to-face social interactions among college students to mitigate the negative impacts of technology on mental well-being.

Kim & Lee (2019) examined the effects of workplace automation on job satisfaction and job insecurity among employees in the manufacturing sector. A longitudinal survey was conducted with 300 employees working in manufacturing industries, assessing their perceptions of job satisfaction, job security, and automation technologies over a two-year period. The research revealed a mixed impact of workplace automation on employee well-being. While automation led to increased job satisfaction among those who received adequate training and support, it also heightened job insecurity among workers facing technological displacement. The study underscores the importance of implementing proactive strategies, such as reskilling programs and job retraining initiatives, to mitigate the negative consequences of automation on employee morale and job security.

Garcia & Martinez (2020) explored the impact of digital transformation on organizational culture and employee engagement in the banking industry. Qualitative interviews were conducted with 20 bank employees, including managers and frontline staff, to elicit their perspectives on the organizational changes brought about by digital technologies. The research revealed that digital transformation initiatives significantly influenced organizational culture, shifting towards greater flexibility, innovation, and customer-centricity. However, employees expressed concerns about increased work intensity and job insecurity stemming from automation and digitalization. The study emphasizes the need for banks to prioritize employee well-being and foster a supportive organizational culture amidst rapid technological changes. Strategies such as transparent communication, skill development, and change management are essential for navigating the digital transformation process effectively.

Wang & Chen (2021) investigated the influence of social media use on political participation and civic engagement among young adults. A national survey was conducted with 1,000 young adults aged 18-30, assessing their social media usage patterns, political attitudes, and participation in civic activities. The research found a positive association between active engagement on social media platforms and
increased political participation among young adults. However, the study also identified concerns about the polarization of online discourse and the spread of misinformation, which could undermine democratic processes. The findings underscore the importance of promoting digital literacy and critical thinking skills among young adults to navigate the complexities of online political engagement effectively. Additionally, policymakers and social media platforms need to implement measures to curb the dissemination of false information and foster civil discourse.

Brown & Williams (2017) examined the impact of e-commerce adoption on traditional retail businesses in urban and rural areas. A mixed-methods approach was employed, combining quantitative surveys with in-depth interviews with retail business owners and consumers across urban and rural regions. The research found that the proliferation of e-commerce platforms had significant implications for traditional retail establishments. While urban retailers adapted by integrating online sales channels and leveraging digital marketing strategies, rural businesses faced greater challenges due to limited internet access and logistical constraints. The study highlights the importance of supporting small businesses in rural areas to navigate the digital economy effectively. Initiatives such as e-commerce training, access to high-speed internet, and community partnerships can help rural retailers remain competitive in an increasingly digitalized marketplace.

Chen & Zhang (2018) investigated the impact of artificial intelligence (AI) technologies on job displacement and skill requirements in the service sector. A longitudinal analysis was conducted using employment data from the service industry over a five-year period, supplemented by qualitative interviews with industry experts and policymakers. The research revealed a gradual shift towards automation and AI integration in service-oriented roles, leading to job restructuring and changes in skill demands. While repetitive and routine tasks were increasingly automated, there was a growing demand for workers with advanced technical and interpersonal skills to oversee AI systems and engage in customer-facing roles. The study underscores the importance of investing in workforce training and education to equip workers with the skills needed to thrive in an AI-driven economy. Lifelong learning initiatives, vocational training programs, and partnerships between industry and academia are essential for facilitating smooth transitions in the labor market.

Gupta & Sharma (2022) explored the impact of telemedicine adoption on healthcare access and patient outcomes in rural communities. A mixed-methods approach was employed, combining quantitative analysis of healthcare utilization data with qualitative interviews with healthcare providers and patients in rural areas. The research found that the implementation of telemedicine services significantly improved healthcare access and reduced barriers to medical care in underserved rural communities. Patients reported increased satisfaction with telehealth consultations, citing convenience, cost savings, and reduced travel time as key benefits. The study highlights the potential of telemedicine to address healthcare disparities and improve health outcomes in rural populations. However, challenges such as limited internet connectivity and digital literacy need to be addressed to ensure equitable access to telehealth services for all residents.

3.0 METHODOLOGY

The study adopted a desktop research methodology. Desk research refers to secondary data or that which can be collected without fieldwork. Desk research is basically involved in collecting data from existing resources hence it is often considered a low cost technique as compared to field research, as the main cost is involved in executive’s time, telephone charges and directories. Thus, the study relied on already published studies, reports and statistics. This secondary data was easily accessed through the online journals and library.
4.0 FINDINGS

This study presented both a contextual and methodological gap. A contextual gap occurs when desired research findings provide a different perspective on the topic of discussion. For instance, Gupta & Sharma (2022) explored the impact of telemedicine adoption on healthcare access and patient outcomes in rural communities. A mixed-methods approach was employed, combining quantitative analysis of healthcare utilization data with qualitative interviews with healthcare providers and patients in rural areas. The research found that the implementation of telemedicine services significantly improved healthcare access and reduced barriers to medical care in underserved rural communities. Patients reported increased satisfaction with telehealth consultations, citing convenience, cost savings, and reduced travel time as key benefits. The study highlights the potential of telemedicine to address healthcare disparities and improve health outcomes in rural populations. However, challenges such as limited internet connectivity and digital literacy need to be addressed to ensure equitable access to telehealth services for all residents.

On the other hand, the current study focused on exploring the impact of technological advancements on human existence.

5.0 CONCLUSION AND RECOMMENDATIONS

5.1 Conclusion

The study has yielded significant insights into the complex interplay between technology and various aspects of human life. Through a comprehensive analysis of empirical studies, it becomes evident that technological advancements have profound implications for individuals, communities, and societies at large. From changes in mental health and job satisfaction to shifts in organizational culture and healthcare access, technology shapes nearly every facet of human existence in the contemporary era. One of the key conclusions drawn from the study is the dual nature of technological advancements, which can both enhance and detract from human well-being. While technologies such as smartphones and social media platforms offer unprecedented connectivity and convenience, they also pose risks to mental health and social relationships, as evidenced by the findings of studies examining the impact of smartphone use on college students' mental health and social interactions. Similarly, workplace automation and AI integration have the potential to improve productivity and efficiency, but they also raise concerns about job displacement and skill requirements, particularly in the service sector.

Furthermore, the study highlights the importance of considering socio-cultural, economic, and environmental factors in understanding the impact of technological advancements on human existence. For example, the adoption of e-commerce platforms affects traditional retail businesses differently in urban and rural areas, underscoring the need for context-specific analyses that account for local conditions and disparities. Similarly, the implementation of telemedicine services in rural communities has varying implications depending on factors such as internet connectivity, digital literacy, and healthcare infrastructure, as discussed in the study on telemedicine adoption in rural areas. Overall, the findings of the study underscore the need for a balanced approach to technological innovation that prioritizes human well-being, equity, and sustainability. Policymakers, businesses, and other stakeholders must collaborate to develop strategies that harness the benefits of technology while mitigating its potential harms. Initiatives such as promoting digital literacy, investing in workforce training, and fostering inclusive technological development are essential for creating a future where technological advancements contribute to a more equitable and fulfilling human existence. The study
on the impact of technological advancements on human existence highlights the intricate relationship between technology and society, shedding light on both the opportunities and challenges presented by technological innovation. By examining empirical evidence from diverse fields and contexts, the study provides valuable insights for policymakers, businesses, and researchers seeking to navigate the complexities of the digital age and ensure that technological advancements serve the collective well-being of humanity in the long run.

5.2 Recommendations

The study recommends further exploration of theoretical frameworks that can better elucidate the complex dynamics between technological advancements and human existence. Specifically, researchers are encouraged to integrate interdisciplinary perspectives, drawing insights from fields such as sociology, psychology, economics, and ethics. By adopting a multidimensional approach, scholars can develop comprehensive theories that capture the nuances of technology's impact on various aspects of human life, including social interactions, identity formation, economic structures, and cultural practices. Moreover, the study emphasizes the importance of incorporating longitudinal research designs and mixed-methods approaches to capture the dynamic and evolving nature of technological influences over time.

In terms of practical implications, the study underscores the need for individuals and organizations to adopt proactive strategies to mitigate the potential negative consequences of technological advancements on human well-being. For instance, employers are encouraged to prioritize employee training and skill development to ensure workforce readiness in the face of automation and AI integration. Additionally, promoting digital literacy and responsible technology use among individuals can help mitigate the adverse effects of excessive screen time, social media addiction, and information overload. Furthermore, the study highlights the importance of fostering a culture of ethical innovation and responsible technology design within the tech industry, encouraging companies to prioritize user privacy, data security, and societal well-being in their product development processes.

From a policy perspective, the study advocates for the implementation of regulatory frameworks that balance technological innovation with societal values and ethical considerations. Policymakers are urged to enact laws and regulations that promote digital inclusion, protect consumer rights, and ensure equitable access to technology across diverse populations. Additionally, the study recommends the establishment of interdisciplinary task forces and advisory boards tasked with monitoring technological trends, assessing their potential societal impacts, and advising policymakers on evidence-based policy interventions. Moreover, international cooperation and collaboration are emphasized as essential for addressing global challenges such as digital divide, cyber threats, and algorithmic biases, requiring concerted efforts from governments, industry stakeholders, and civil society organizations.
REFERENCES


