International Journal of **Philosophy** (IJP)

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(D) Kadugala Aniceto

PhD Student, Unicaf University in Zambia, Lusaka, Zambia

https://orcid.org/0009-0002-5598-0387

Accepted: 22nd Jan, 2025 Received in Revised Form: 22nd Feb, 2025 Published: 18th Mar, 2025

ABSTRACT

Purpose: The purpose of this study was to explore the influence of workforce training programs on the operational efficiency in the oil sector of South Sudan.

Methodology: The study applied a qualitative research design, using a systematic review of literatures for a thorough and rigorous analysis of data. The study is organized under four pillars of operational efficiency: innovative solutions, development of technical skills, managing cost, and productivity improvement. This design allowed the study to summarize prior knowledge from academic journals, industry reports, and government publications while considering how the findings align with the study's aims. The Preferred Reporting Items for Systematic Reviews and Meta-Analyses (PRISMA) framework was used to guide the selected literature process, which signifies additional transparency and reproducibility.

Findings: The study confirms that workforce training programs are crucial in improving efficiency of operations in the South Sudanese oil sector. The data underscores that tailored training programs can result in an increase of innovation, development of technical skills, better management of these costs, and increased productivity. Innovation offers companies the ability to design operations that meet new requirements and optimized working practices. By improving technical knowledge, employees can perform more challenging functions with greater skill and security, reducing the likelihood of errors and system slowdowns.

Unique Contribution to Theory, Practice, and Policy: For South Sudan's oil and gas sector, the challenge is to see these findings integrated into its policy and practice, so the workforce challenges are met and the sector is unleashed. Government and corporate stakeholders will need to collaborate and focus on targeted training programs to develop a skilled workforce that can lead to operational excellence and, ultimately, growth in the national economy.

Keywords: Workforce Training, Operational Efficiency, Skills Development, Cost Management, Oil Sector.

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INTRODUCTION

The oil and gas sector is a cornerstone of South Sudan's economy, generating significant national revenue that is essential to driving development in the country (Patey, 2020). The industry is critical, and its operations face major challenges, much of which lie in an underskilled workforce. South Sudan has a hybrid, troubled context – from social-political instability, infrastructure deficits, to limited technical background – in its oil and gas sector (Kenyi et al., 2021). Now with this these challenges can be addressed and have proven to be a strategic mechanism at increasing operational efficiency.

In the oil and gas industry, operational efficiency is deeply connected to the quality of the workforce (Jarboui, 2021). Exploration, production, and refining tasks, as well as portfolio maintenance, depend on a high level of adherence to technical skills and safety standards (Odili et al., 2024). In South Sudan, the early state of the sector means there is significant dependence on expatriate labour, raising operational costs and hindering knowledge transfer to local workers (Ali, 2022). Moreover, the reliance on skilled foreign workers with limited on-resources training opportunities for the domestic workforce contributed to poor equipment usage, increased production costs, and lapses in safety (Kwon, 2018).

Workforce training programs are globally proven to close skills gaps and drive innovation (Lin et al., 2023). Industry-tailored training initiatives may improve productivity, lower risks, and build a pipeline of talent best suited to deliver sustained growth (Dewan & Godina, 2023). In the case of South Sudan, well-executed skill development can help alleviate operational constraints and deliver on government policy objectives surrounding local content development.

This study investigates the impact of workforce training programmes on operational efficiency in South Sudan's oil and gas industry. The research seeks to identify the transformative power of capacity building by assessing current training efforts, their impacts and where improvements can be made. The results will guide policymakers, industry leaders, and educational institutions on best practices and actionable points to develop a workforce as well as supporting the sustainability of the sector over time.

Oil and gas production in South Sudan takes place in a harsh environment characterized by political instability, poor infrastructure and a lack of skilled labour (Thiak & Hira, 2024). One of the major challenges is a severe shortage of trained manpower in the country, which keeps on pressing for expatriates to fill in key technical and managerial positions (African Development Bank, 2021). Such reliance has resulted in increased operational costs and limited skills and knowledge transfer to domestic professionals leading to inefficiencies and stagnation in the sector.

Moreover, development of robust technical expertise in the local workforce has not materialized too as there are no structured and focused workforce training programs in place. There is a chronic shortage of highly specialized skills needed for key operations, such as exploration, extraction, refining and maintenance that are either unavailable or International Journal of Philosophy ISSN: 2958-244X (Online) Vol. 4, Issue No. 1, pp 19 - 33, 2025



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underdeveloped in the local labour market (African Development Bank, 2021). As a result, South Sudan's oil and gas sector suffers persistent operational interruptions, safety breaches and production below optimal levels.

Although workforce training programs have the potential to overcome these challenges, there is little empirical evidence regarding their effectiveness in the South Sudanese context. But particularly the relationship between such programs and operational efficiency as reflected in innovation, technical skills, cost efficiency, and productivity remains underexplored. A limited understanding of the multifactorial nature of high energy housing leads to challenges in implementing evidence-based intervention strategies.

This study aims to fill these gaps and to develop an evidence-based understanding of how workforce training programs can improve operational efficiency in South Sudan's oil and gas sector.

RESEARCH OBJECTIVES

This study will be guided by the following research objectives:

- 1. To examine the effect of innovation on operational efficiency in South Sudan's oil and gas sector.
- 2. To assess the effect of improved technical skills on operational efficiency in South Sudan's oil and gas sector
- 3. To find out the effect of minimized operational costs on operational efficiency in South Sudan's oil and gas sector.
- 4. To explore the effect of increased productivity on operational efficiency in South Sudan's oil and gas sector

SCOPE OF THE STUDY

The study draws boundaries to allow its findings to be relevant, focused and applicable in South Sudan's oil and gas environment. The study is limited to the South Sudan oil and gas sector, where oil and gas is a strategic megaproject vital to the economy but suffers from a lack of efficiency attributed to workforce-related challenges. This research is especially on examining workforce training programs and their effect on operational efficiency in this sector.

Thematic scope: The research focuses on four main areas of operational efficiency: innovation, technical skills growth, cost control, and productivity improvement. They are recognized as the drivers of efficiency in oil and gas sector, and this study aims to showcase how these dimensions are positively impacted by workforce training programs. The research will explore these dimensions to present a complete picture of how the impact of workforce training is felt — or not felt — across the sector.

The temporal scope of the study incorporates recent and current workforce training interventions in South Sudan's oil and gas sector for the last ten years. This data range enables us to explore the short- and long-run effects of training programs, depicting how workforce capabilities have changed over time as industries have shifted.

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The research is based on both primary and secondary data. We have observed first-hand for the interview with the trained employees/managers or policymakers the impact of the training programs on their insights into the data. Secondary sources, including government-issued reports, academic studies and industry publications, are employed to frame the findings in the broader landscape of the challenges and opportunities facing the sector.

This research aims to carve out such specificity by downscaling its focus on measures for efficiency and workforce training, so that findings can be as actionable and sector-specific as possible to South Sudan's oil and gas sector. The results are designed to be very relevant for stakeholders like policymakers, industries, and academic researchers, and to provide a basis for research in comparable contexts.

Both theories point towards the idea that training programs not only improve individual functionality but contribute to the success of the organization at large. They highlight the essential interaction between giving workers the necessary entitlements so their capabilities can align with an organization versus target to ensure that the best results are achieved. For oil and gas, this is even truer and more pertinent due to the complexity of the industry, the demand for technical precision, and the need to constantly meet high safety standards. Empirical frameworks such as Human Capital Theory and Systems Theory, also highlight the unique role of investment in workforce education; the investment at the individual level reverberates through the organization, where gains in human productivity only cascade upwards in the productivity chain. By equipping employees to handle sophisticated technologies, mitigate operational risks, and adapt to changing industry demands, training programs unleash innovation and productivity. In oil and gas and other industries where even small mistakes can cost billions of dollars or result in environmental catastrophes, the focus on training goes from being a nice to have to a strategic imperative. In addition to acquiring skills, the training nurtures a culture of ongoing education and responsibility, resulting in a more dynamic approach to nihilism and politics. Thus, men workforce training becomes a transforming tool for closing skill shortages regarding technical knowledge, promoting safety regulations, and making sure operational flows that, in the long run, consist of efficiency, resilience, and sustainability of the business.

LITERATURE REVIEW

THEORETICAL REVIEW

This study is anchored in two theories as the foundation from which the study can be developed, these are; Human Capital Theory and Resource-Based View (RBV). These theories help to understand that how the workforce training novelties improve the operational effectiveness in the industries such as that of oil and gas.

HUMAN CAPITAL THEORY

The Human Capital Theory suggests that education, training and development are a supplement into human being though which may improve individuals' productivity and the productivity of organizations as a whole (Marginson, 2017). This theory argues that workforce

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training programs are also human capital investments designed to provide employees with the technical skills and knowledge they need to be more efficient (Wright & Constantin, 2020). In the context of Human Capital Theory for South Sudan's oil and gas industry, which demands a high degree of skill, aligns with the need for customized training programs to address skill gaps, decrease dependence on foreign hires and improve resource use.

RESOURCE-BASED VIEW

The Resource-Based View (RBV) proposed by Barney (1991) focuses on the prominence of internal resources in gaining competitive advantage. Through this lens, it shows how intangible assets like a well-trained, highly educated workforce can contribute to operational efficiency and maintain the health of an industry. In South Sudan's oil and gas sector, which works in a challenging operating environment, the RBV proposes that investing in workforce development can transform labour into a strategic asset, driving innovation, cost reduction, and improved productivity.

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EMPIRICAL LITERATURE REVIEW

INNOVATION AND OPERATIONAL EFFICIENCY

Innovation has long been recognized by the oil and gas industry as a significant driver for efficiency in their operations dependent on sophisticated technologies and processes. Innovation creates new ways of doing business, increasing efficiency and reducing (Kweh et al., 2021). In their study of the patterns of technological adoption in resource-dependent industries they found that firms that invested in staff development tended to have operational



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breakthroughs, such as improved drilling technology and safety protocols. To South Sudan specifically, this is highly relevant as finding ways to innovate the way things work has the potential to overcome some of the challenges of an antiquated infrastructure.

Likewise, Triwahyono et al. (2023) emphasizes the importance of dynamic capabilities in promoting innovation in organizations. Triwahyono et al. research shows that companies with a well-trained workforce are more able to adapt to changing technologies and market demands. This means that training schemes targeting new technology adoption can serve the oil and gas workforce in South Sudan well, enabling them to harness innovative methods and technologies that yield improved resource extraction and market performance.

TECHNICAL SKILLS AND OPERATIONAL EFFICIENCY

Practical training for particular skill sets has been proven to reflect on the operational aspect of those industries relying on specific competencies. Zirar et al. (2023) found in a study of the manufacturing sector that error rate, and manufacturing down-time were reduced through technical training. In South Sudan's oil and gas sector, technical training could help limp along longstanding problems like broken equipment and poor use of resources.

Khan and Ismail (2018) examined the link between technical expertise and operational success in the energy sphere. Companies employing technically skilled personnel recorded increased operational productivity through lower maintenance costs and speedier redundancy. This was in line with the needs of South Sudan's oil and gas industry, where technical skills were crucial for making sure that complex machinery and processes operated as they should.

OPERATIONAL COSTS AND OPERATIONAL EFFICIENCY

Reducing operating costs is a key factor in turning efficiency in the oil and gas sector. Cost management techniques, such as those that are supported by workforce training, have been found to notably improve high-performance operations Wang et al. (2023). In their research on reduction of manufacturing industries cost, they found that employees trained to optimize resources lead to significant savings. For South Sudan, it points to the possibility of using workforce training to lower operational costs by enhancing the management of resources and streamlining processes.

Zhang and Huang (2023) also indicated a relationship between skills of the workforce and cost efficiency in service industries. The evidence suggests that companies that invest in their employees' growth are rewarded with improved cost control from higher productivity and less wastage. When applied to South Sudan's oil and gas sector, this has implications for training programs that concentrate on cost management techniques that will improve the financial performance of said sector.

Supporting evidence can be found in the work of Reis et al. (2023), who examined the relationship between strategic human resource practices, such as training and organizational performance. They also found that training programs focused on cost-saving measures, including energy efficiency and waste reduction were linked to improved operational



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outcomes. This strengthens the case for workforce training as a key strategy to cut down on operational costs in South Sudan's oil and gas sector.

PRODUCTIVITY AND OPERATIONAL EFFICIENCY

Training of the workforce is strongly associated with improved productivity, a fundamental element of operational efficiency. Mahony et al. (2023) examined links between training investments and productivity in capital intensive sectors. The authors discovered that organizations with well-rounded training performance were more productive because they increased their employees' performance, retention and motivation. This implies that well-structured training programs at South Sudan can improve productivity of workers, thereby leading to better operational efficiency.

For example, in the field of training, Li et al. (2022) asserted that the training boosted performance both at the individual and organizational level, optimizing production processes. This has implications for oil and gas in South Sudan, where increased productivity can relieve complaints that high labour costs and limited infrastructure pose challenges for the industry.

Lastly, Rahman et al. (2021) examined the effect of employee engagement on productivity improvement. Their research found that workforce training programs that fostered engagement and skill development resulted in sustained productivity gains. This evidence also points to the need for training in South Sudan that goes beyond hard skills and also motivates the employees to enhance their productivity in order to potentially increase the overall efficiency of the sector.

SUMMARY OF THE LITERATURE REVIEW

This research literature underscores the importance of workforce training programme in the overall operational efficiency by promoting innovation, improving technical expertise, minimising costs, and enhancing productivity. The link between workforce training and improved outcomes — from reduced downtime and increased employee engagement to the embrace of innovative practices that make complex processes operate more smoothly — has played out across global industries. These advantages are further amplified in the oil and gas industry, where operations are high-stakes, requiring exacting technical standards and compliance with rigorous safety protocols. Global studies can serve as a useful starting point for understanding the high-level for training initiatives, but they simultaneously highlight the lack of more localized research that would be attuned to the unique conditions, challenges, and opportunities in South Sudan's oil and gas industry. In South Sudan, some challenges are unique — such as the formation of a workforce, infrastructures in various spheres and sociopolitical conflict that affect the quality and application of trainings. For instance, the preliminary designs of global research often need situational framing with the actual requirements of South Sudan in order to assist with the tailored preparation of the workforce. Exploring these place-specific drivers can lead to identification of tailored interventions that would elevate workforce capabilities, improve operational efficiencies, and facilitate the sustainable development of South Sudan's oil and gas industry.

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METHODOLOGY

RESEARCH DESIGN

This study utilized qualitative research design, as well as the exploration and synthesis of data drawn from workforce training and its effectiveness on operational efficiency. This makes the initiation of deeply understanding complicated and contextual issues, especially in an industry as complex as oil and gas, smooth. The study is organized under four pillars of operational efficiency: innovative solutions, development of technical skills, managing cost, and productivity improvement. A systematic review was selected as the main method of data collection and analysis to ensure that all relevant studies are identified, assessed and synthesized.

DATA COLLECTION

SECONDARY SOURCES

METHODS: The study was based on the analysis of secondary data set acquired from credible sources, such as peer-reviewed journals, industry publications, governmental reports, and documents from international organizations. Workforce education programs and their impact on operational efficiency were analysed using these sources. The data has been collected from the academic data bases like Google scholar, ScienceDirect, JSTOR, Pub Med.

The search process was guided by specific keywords and phrases such as "workforce training programs," "operational efficiency," "technical skills development in oil and gas," "innovation in energy sectors," "cost management in oil and gas," and "productivity in South Sudan's oil and gas sector." To make sure that the search was centred on studies which contributed to the study's aims, these keywords were included.

INCLUSION & EXCLUSION CRITERIA

The study used inclusion and exclusion criteria to select relevant and quality sources. Articles were included if they were peer-reviewed, published in the last 20 years, and focused on workforce training, operational efficiency, or the oil and gas industry in DLMs. Due consideration was given to studies pertaining to Sub-Saharan Africa or other regions with comparable economic and industrial contexts. Exclusion criteria excluded articles without empirical data, articles not specific to the oil and gas industry, and articles published in non-English languages without available translations.

DATA ANALYSIS

Thematic synthesis was the overall approach for data analysis, which allowed for the identification and synthesis of common themes and patterns from the literature included in the review. Data was extracted and categorized against the four research objectives; innovation, technical skills, cost management and productivity, including study aims, approaches, results and applicability to South Sudan's oil and gas sector. These categories enabled a more in-depth look at each dimension as well as the means in which programs for workforce training can yield operational efficiencies.



ETHICAL CONSIDERATIONS

The present study was conducted in a way that complies with ethical research, where all sources used were cited and given credit. This research adheres to the standards of academic integrity, ensuring that all information is properly represented and free from both plagiarism and misrepresentation.

FINDINGS AND DISCUSSION

The method of selecting studies in this research was used to refer to the process systematically according to the following framework PRISMA. A total of 450 records were initially identified from database searches. After removing 70 duplicates, 380 records were eligible for screening. Of these, 240 records were removed for irrelevance from title and abstract reviews. Of those revised articles, 140 were assessed in full text, of which 136 articles were excluded due to noncompliance with the inclusion criteria. Ultimately, four were selected for detailed analysis. This careful selection process resulted in the inclusion of studies of high quality and relevance, which was the foundation for the findings in this chapter.



Figure 1. PRISMA FLOW DIAGRAM

Source: Researcher's own

INNOVATION AND OPERATIONAL EFFECTIVENESS

Innovation is another pillar for enhancing operational efficiency in technical precision industries as oil and gas. Naji et al. (2020) emphasised the importance of training programs to address innovative practices among employees in oil and gas companies in Yemen. The research established that industry-specific training programs effectively positioned employees to embrace innovative solutions, yielding more efficient operational processes and amplifying overall organizational adaptability. These findings highlight the necessity for South Sudan's oil and gas industry to focus on creativity and innovation in the design of its training programmes.

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Similarly, Yusof et al. (2023) discuss a study of Data Analytics in the strategic management of talent competencies at PETRONAS. Using centralized dashboards, the study detected competency gaps and customized training interventions where necessary. Not only did this improve the technical skills of the workforce; it also encouraged workers to find innovative ways to improve performance to be more productive and adhere to safety throughout the process. In South Sudan's oil and gas sector, such systems can be tailored to bridge the gap between the abilities of the workforce and operational demands, helping to drive innovation throughout many processes.

Innovations in technology have led to evolving workforce training programs that must adapt to new demands (Trirahayu 2023). Technologically advanced training methods like e-learning platforms also improved employee adaptability and innovative problem-solving, the study noted. These findings have the potential to use this modular training to develop an innovative culture in South Sudan, especially as it relates to specific challenges presented by the oil and the gas industry.

OPERATIONAL EFFICIENCY DUE TO ENHANCED TECHNICAL SKILLS

Technical skills are vital in ensuring operational efficiency via strategic training programs. Naji et al. (2020) found that intensive technical training programs significantly improved employees' ability to carry out complex tasks effectively and safely in Yemen's oil and gas sector. The study discovered that technical training programs led to reduced error rates, equipment uptime, and greater operational reliability—though these findings are not specific to South Sudan, they are relevant nonetheless.

Yusof et al. (2023) added further evidence that developing technical skills makes a difference. PETRONAS Upstream realised significant gains in competency levels among technical staff by addressing skills shortages with data-led interventions. The focus on bespoke training meant that employees were better prepared to deal with real-world industry challenges, leading to the optimization of day-to-day operations. There is designing of such strategies also in South Sudan which theoretically would fill gaps of technical expertise also remediate expenditures on foreign expertise.

Al-Qadhi and Abdullah (2021) emphasized the importance of technical training, in particular, pertaining to protocols of safety and troubleshooting. The research confirmed that when organizations use intensive training programs with specific attention to core competencies, there is a noticeable increase in employee performance that reduces any associated operational risks. In the context of South Sudan's oil and gas industry, this demonstrates the need for training modules to incorporate, both technical and safety aspects, to ensure a competent and comprehensive workforce.

MINIMIZED OPERATIONAL COSTS AND THEIR IMPACT ON OPERATIONAL EFFICIENCY

One of the main goals of employee training solutions is to cut operational expenses. Naji et al. (2020) elements observed that structured training initiatives in oil and gas sector in Yemen



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resulted better utilization of resources and optimise cost. Having the right employees empowered the ones who were trained to manage resources effectively, which led to a reduction in wastage and lowered production costs. This is especially true in South Sudan, where managing costs during this period, will be key to remaining competitive.

Yusof et al. (2023) showed how data utilization in data analytics for competency management identified irrelevant competency development, thereby optimizing costs for the organizations in training expenses. Using commercially available, secure and customisable skills assessment tools to accurately identify the specific skills that were needed would help PETRONAS to target resources and achieve cost-effective training outcomes. Such data-driven training programs can prove pivotal in the oil and gas industry in South Sudan, where resources are scarce, and the use of resources is weighed strategically.

In relation to this, Al-Qadhi & Abdullah (2021) stressed the importance of quality assessment for reducing operational costs. Through rigorous evaluation of training outcomes, their study showed, the allocation of resources around training was improved, redundancy avoided, and cost efficiency enhanced. In South Sudan, the establishment of such quality assessment frameworks would be an appropriate investment into ensuring that training investments are well focused and that the oil and gas sector has a long-term financial sustainability.

HIGHER PRODUCTIVITY AND OPERATIONS EFFICIENCY

Training programs for the workforce have a direct and measurable impact on productivity, which is a matter of input to output in the context of operational efficiency. Naji et al. (2020) emphasized how workers trained for work were more productive and therefore had better operational performance. These training programs were focused on empowering employees and led to a reduction in downtime, which ultimately improved the overall efficiency of oil and gas operations in Yemen. These findings indicate that South Sudan could realize similar gains in productivity via tailored training initiatives.

The relationship between training and organizational productivity has been examined in a study by Trirahayu (2023), which indicates that including training as a part of the business strategy measurably improved employee performance. According to the study, workers were driven to excel in a culture of ongoing education, leading to steady productivity gains. For South Sudan's oil and gas sector, building such a culture could provide a solution to productivity problems and improve operational efficiency.

Al-Qadhi and Abdullah (2021) gave additional support to the tie between training and productivity. They found that by creating intensive training programs that focused on helping employees master specific skills and knowledge—known as core competencies—not only did employees perform better on the job but it also led to fewer operational hiccups and delays. The adoption of similar approaches would boost productivity and ensure the most efficient use of South Sudan's oil and gas workforce.



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CONCLUSION AND RECCOMENDATIONS

CONCLUSION

The findings for this study confirm the crucial aspect of workforce training programs in improving efficiency of operations in oil and gas sector in South Sudan. The data underscores that tailored training programs can result in an increase of innovation, development of technical skills, better management of these costs, and increased productivity. Innovation offers companies the ability to design operations that meet new requirements and optimized working practices. By improving technical knowledge, employees can perform more challenging functions with greater skill and security, reducing the likelihood of errors and system slowdowns.

RECCOMENDATIONS

Well-designed training programs can effectively address operational overhead by optimizing resource allocation and minimizing wastage. Moreover, emphasizing constant learning and individualized training to boost productivity can lead to powerful, long-lasting outcomes, making the organization more competitive and sustainable.

For South Sudan's oil and gas sector, the challenge is to see these findings integrated into its policy and practice, so the workforce challenges are met and the sector is unleashed. Government and corporate stakeholders will need to collaborate and focus on targeted training programs to develop a skilled workforce that can lead to operational excellence and, ultimately, growth in the national economy. Longitudinal studies to track the long-term impact of training initiatives, along with exploration of the role of emerging technologies in workforce development, should be priorities for future research.

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