Impact of Social Media Engagement on Perceptions of Social Capital
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Abstract

Purpose: The general objective of the study was to explore the impact of social media engagement on perceptions of social capital.

Methodology: The study adopted a desktop research methodology. Desk research refers to secondary data or that which can be collected without fieldwork. Desk research is basically involved in collecting data from existing resources hence it is often considered a low cost technique as compared to field research, as the main cost is involved in executive’s time, telephone charges and directories. Thus, the study relied on already published studies, reports and statistics. This secondary data was easily accessed through the online journals and library.

Findings: The findings reveal that there exists a contextual and methodological gap relating to the impact of social media engagement on perceptions of social capital. Preliminary empirical review revealed that active participation on social media platforms positively influenced individuals' sense of trust, reciprocity, and belonging. However, the depth of online relationships varied, with some interactions fostering meaningful connections while others remained superficial. Individual factors such as age, socioeconomic status, and cultural background influenced the relationship between social media engagement and social capital perceptions. The study highlighted the need for further research to understand the underlying mechanisms and develop tailored interventions for maximizing the positive effects of social media on social capital perceptions.

Unique Contribution to Theory, Practice and Policy: The Social Capital theory, Uses and Gratification theory and Social Identity theory may be used to anchor future studies on the impact of social media engagement on perceptions of social capital. The study provided valuable recommendations that contributed to theory, practice, and policy. It enhanced theoretical frameworks by elucidating the mechanisms through which social media engagement influences perceptions of social capital. Practical implications were identified, emphasizing the importance of strategic content creation and authentic engagement for individuals and organizations. Policy recommendations highlighted the need for regulations promoting digital literacy and online safety to foster a healthy online environment conducive to social capital formation. Future research avenues were also suggested, including longitudinal studies and comparative analyses across demographic groups and cultural contexts. Overall, the study's findings offered insights that could inform strategies for enhancing social capital in the digital age.

Keywords: Social Media Engagement, Perceptions, Social Capital, Online Interactions, Community Cohesion, Digital Technologies, Authenticity, Trust, Regulation, Digital Literacy
1.0 INTRODUCTION

Perceptions of social capital encompass the subjective assessment individuals make regarding the quality and quantity of social connections within their communities, which can include trust, reciprocity, and social cohesion. Social capital plays a crucial role in shaping various aspects of society, from economic development to individual well-being (Fukuyama, 1995). In the United States, perceptions of social capital have been a subject of extensive study. According to Pew Research Center (2019), 61% of Americans believe that social trust has declined in the past decade. This decline in trust can have profound implications for community cohesion and cooperation, as seen in studies linking low social capital to increased crime rates and decreased economic growth (Putnam, 2000). Moreover, recent research highlights the role of social media in shaping perceptions of social capital, with studies indicating that excessive social media use may erode trust and social cohesion (Twenge & Campbell, 2018).

In the United Kingdom, perceptions of social capital have also undergone scrutiny. Research by the Office for National Statistics (2019) reveals that feelings of loneliness and lack of social support are prevalent, with around 5% of adults reporting feeling lonely "often" or "always." This highlights the potential disconnect between individuals despite living in densely populated areas. Moreover, studies suggest that socio-economic disparities can significantly impact perceptions of social capital, with marginalized communities experiencing lower levels of trust and social cohesion (Cattell, 2017). Despite efforts to address these disparities through community-building initiatives, challenges persist in bridging the gap between different social groups (Halpern, 2018).

In Japan, perceptions of social capital are influenced by cultural norms and societal structures. Research by Ishida and Stilwell (2014) suggests that while Japan boasts high levels of social trust and civic engagement, there is a growing concern over the decline in community ties, particularly among younger generations. This trend is reflected in statistics showing a decrease in participation in traditional community activities, such as neighborhood associations and local festivals (Statistics Japan, 2020). The rise of digital communication platforms has further complicated the landscape of social capital, with studies indicating a potential shift towards online interactions at the expense of face-to-face relationships (Ito & Kawachi, 2013).

In Brazil, perceptions of social capital are influenced by historical and socio-economic factors. Research by Oliveira and Ribeiro (2016) highlights the impact of inequality on social trust, with marginalized communities experiencing higher levels of distrust towards institutions and fellow citizens. This distrust can exacerbate social fragmentation and hinder collective action for addressing pressing societal issues, such as poverty and crime (Souza, 2017). Despite these challenges, grassroots movements and civil society organizations have emerged as important catalysts for building social capital and fostering community resilience (Valla & Bursztyn, 2019).

In African countries, perceptions of social capital vary widely across different regions and cultural contexts. Research by Onyx and Bullen (2016) emphasizes the importance of indigenous forms of social capital, such as kinship networks and communal solidarity, in fostering resilience and coping mechanisms in the face of adversity. However, rapid urbanization and globalization have led to shifts in social structures, challenging traditional modes of social organization (Acquah-Sam, 2018). Efforts to strengthen social capital in African communities often involve promoting inclusive governance structures and investing in social infrastructure, such as education and healthcare (Ssengonzi et al., 2015). Perceptions of social capital are shaped by a myriad of factors including cultural norms, socio-economic disparities, and technological advancements. While challenges exist in maintaining and strengthening social capital across different contexts, efforts to foster trust, reciprocity, and social cohesion remain crucial for building resilient and inclusive communities.
Social media management entails the strategic planning, implementation, and monitoring of an organization's social media presence across various platforms. It involves activities such as content creation, audience engagement, and performance analysis to achieve specific business goals (Tuten & Solomon, 2018). Effective social media management requires a deep understanding of the target audience, platform algorithms, and industry trends to maximize engagement and brand visibility (Gupta & Pirsch, 2014). By actively managing social media channels, organizations can cultivate an online community that fosters trust, reciprocity, and social cohesion, thereby contributing to perceptions of social capital.

First and foremost, social media management involves crafting a cohesive content strategy tailored to the organization's objectives and audience preferences (Kaplan & Haenlein, 2010). Content creation should be guided by principles of authenticity, relevance, and value to the audience (Smith & Zook, 2016). By consistently delivering valuable content that resonates with their followers, organizations can establish themselves as trustworthy and credible sources of information, thus enhancing perceptions of social capital (Chen, Fay & Wang, 2016).

Furthermore, effective social media management entails active community engagement and relationship building (Hanna, Rohm & Crittenden, 2011). This involves responding to comments, messages, and mentions promptly, as well as actively participating in relevant conversations within the online community (Wang & Zheng, 2016). By fostering two-way communication and demonstrating genuine interest in their audience's opinions and feedback, organizations can strengthen connections and build trust, thus contributing to positive perceptions of social capital (Kim & Lee, 2013). In addition to engagement, social media management also involves monitoring and analyzing key performance metrics to assess the effectiveness of the organization's social media efforts (Kietzmann, Hermkens, McCarthy & Silvestre, 2011). By tracking metrics such as reach, engagement, and conversion rates, organizations can gain insights into audience behavior and preferences, allowing them to refine their strategies for optimal impact (Hajli, 2014). This data-driven approach not only improves the organization's social media performance but also demonstrates transparency and accountability, further enhancing perceptions of social capital (Muntinga, Moorman & Smit, 2011).

Moreover, social media management encompasses crisis preparedness and response strategies to mitigate potential reputational risks. In the event of a crisis or negative publicity, organizations must be prepared to address issues transparently and proactively, both on social media platforms and other communication channels (Coombs, 2014). By handling crises effectively and maintaining open communication with their audience, organizations can preserve trust and credibility, thereby safeguarding perceptions of social capital (Liu, Austin & Jin, 2019). Furthermore, social media management involves staying abreast of emerging trends and platform updates to adapt strategies accordingly (Henderson, Shankar & Talukdar, 2013). Platforms such as Facebook, Instagram, and Twitter are constantly evolving, with new features and algorithms shaping user behavior and content consumption patterns (Huang & Benyoucef, 2013). By embracing innovation and experimentation, organizations can stay ahead of the curve and maintain relevance in an ever-changing digital landscape, thereby reinforcing perceptions of social capital as dynamic and adaptable entities (Wang & Kim, 2017).

Additionally, social media management encompasses stakeholder collaboration and cross-functional integration within the organization (Safko, 2012). Effective social media management requires close coordination between marketing, customer service, sales, and other departments to ensure a consistent brand voice and seamless customer experience across all touchpoints (Smith & Alexander, 2019). By breaking down silos and fostering collaboration, organizations can leverage the collective expertise and resources of their teams to drive meaningful engagement and build stronger connections with their audience, thereby nurturing perceptions of social capital (Kucuk, 2013). Moreover, social media management involves cultivating partnerships and influencer relationships to amplify reach and
credibility (Hsu & Lin, 2015). Collaborating with influencers and industry experts allows organizations to tap into existing networks and leverage social proof to enhance their brand reputation (Chen, Wang & Xie, 2018). By aligning with trusted voices and thought leaders, organizations can extend their reach and credibility within their target communities, thereby reinforcing perceptions of social capital through association (Choi & Rifon, 2012).

Furthermore, social media management encompasses ethical considerations and responsible use of data (Tandoc, Lim & Ling, 2018). Organizations must prioritize user privacy and data security while leveraging personalization and targeting capabilities to deliver relevant content and experiences (Kietzmann & Canhoto, 2013). By respecting user rights and adhering to ethical guidelines, organizations can build trust and credibility with their audience, thus strengthening perceptions of social capital as ethical and trustworthy entities (Bucher & Helmond, 2018). Social media management plays a pivotal role in shaping perceptions of social capital by fostering trust, reciprocity, and social cohesion within online communities. Through strategic content creation, active engagement, data-driven analysis, crisis preparedness, and ethical practice, organizations can leverage social media to cultivate meaningful connections and enhance their brand reputation. By aligning their social media efforts with principles of authenticity, transparency, and accountability, organizations can contribute to positive perceptions of social capital and establish themselves as trusted and valued members of their communities.

1.1 Statement of the Problem

Social media has become an integral part of modern society, with billions of users worldwide engaging daily on platforms such as Facebook, Instagram, and Twitter. According to recent statistics, as of 2021, there are approximately 3.96 billion active social media users globally, representing a significant portion of the world's population (Statista, 2021). While social media offers opportunities for connection and information dissemination, its impact on perceptions of social capital remains a topic of debate. Social capital, defined as the collective value of social networks and relationships, plays a crucial role in fostering trust, cooperation, and community cohesion. However, the extent to which social media engagement influences perceptions of social capital is still not fully understood. This study seeks to address this gap by exploring the relationship between social media engagement and perceptions of social capital, aiming to shed light on the implications of online interactions for offline social dynamics. One of the primary research gaps this study aims to fill is the need for empirical evidence on how different dimensions of social media engagement, such as frequency of use, types of interactions, and network size, influence perceptions of social capital. While previous research has examined the relationship between social media and various social outcomes, such as loneliness and well-being, few studies have specifically focused on its impact on social capital perceptions. By investigating the nuances of social media engagement and its effects on social capital, this study can provide insights into the mechanisms through which online interactions shape offline social relationships and community dynamics. The findings of this study will benefit multiple stakeholders, including policymakers, community organizers, marketers, and social media platforms. Policymakers can use the insights gained to inform regulations and guidelines aimed at promoting positive online interactions and strengthening community ties. Community organizers can leverage the findings to design more effective community-building initiatives that harness the potential of social media while mitigating its negative impacts. Marketers can tailor their strategies to foster genuine engagement and trust among their target audience, thereby enhancing brand loyalty and reputation. Social media platforms themselves can use the findings to refine their algorithms and features to promote meaningful interactions and combat issues such as misinformation and online polarization. Overall, the findings of this study have the potential to contribute to the development of strategies and
interventions that harness the power of social media to enhance perceptions of social capital and foster healthier, more connected communities.

2.0 LITERATURE REVIEW

2.1 Theoretical Review

2.1.1 Social Capital Theory

Social Capital Theory, developed by Pierre Bourdieu in the 1980s, posits that social networks and relationships possess tangible value that individuals can leverage for personal and collective benefit (Bourdieu, 1986). According to this theory, social capital encompasses the resources embedded within social structures, such as trust, reciprocity, and social norms, which facilitate cooperation and mutual support within communities. In the context of the study on the impact of social media engagement on perceptions of social capital, Social Capital Theory offers a framework for understanding how online interactions on social media platforms contribute to the formation and maintenance of social capital. By examining how different dimensions of social media engagement, such as network size, diversity of connections, and frequency of interactions, influence individuals' perceptions of trust and community cohesion, researchers can gain insights into the dynamics of social capital in the digital age.

2.1.2 Uses and Gratifications Theory

The Uses and Gratifications Theory, pioneered by Elihu Katz and Jay Blumler in the 1970s, focuses on understanding the motivations behind media consumption and the gratifications individuals seek from media use (Katz, Blumler & Gurevitch, 1973). According to this theory, individuals are active agents who select media content to fulfill specific needs and desires, such as information seeking, entertainment, social interaction, and identity expression. Applied to the study of social media engagement and perceptions of social capital, the Uses and Gratifications Theory offers a lens through which to explore the underlying motives driving individuals' participation in online social networks. By identifying the gratifications derived from social media use, such as social connection, self-expression, and validation, researchers can elucidate how these motivations shape individuals' perceptions of social capital and influence their online behavior.

2.1.3 Social Identity Theory

Social Identity Theory, formulated by Henri Tajfel and John Turner in the 1970s, posits that individuals derive a sense of identity and self-esteem from their membership in social groups, which can lead to in-group favoritism and out-group discrimination (Tajfel & Turner, 1979). According to this theory, social identity plays a crucial role in shaping interpersonal relationships, group dynamics, and intergroup conflict. In the context of the study on social media engagement and perceptions of social capital, Social Identity Theory provides insights into how online interactions contribute to the formation and maintenance of social identities and group affiliations. By examining how individuals' engagement with online communities and networks influences their sense of belonging, solidarity, and trust towards fellow group members, researchers can explore the role of social identity in mediating the relationship between social media use and perceptions of social capital.

2.2 Empirical Review

Ellison, Steinfield & Lampe (2017) investigated the relationship between college students' use of Facebook and their perceptions of social capital. The researchers conducted an online survey of college students to assess their Facebook usage patterns and perceptions of social capital, including measures of bonding, bridging, and maintained social capital. The study found that students who spent more time on Facebook tended to have larger networks of online "friends," which contributed to their
perceptions of increased social capital, particularly in terms of bridging and maintained social capital. The authors recommended further exploration into the specific mechanisms through which online social networks influence social capital, as well as the potential implications for offline social interactions.

Valenzuela, Park & Kee (2019) examined the relationship between college students’ use of Facebook and their levels of life satisfaction, trust, and civic participation, as indicators of social capital. The researchers conducted an online survey of college students, assessing their frequency of Facebook use, life satisfaction, trust in others, and civic participation. The study found a positive correlation between Facebook use and life satisfaction but no significant association between Facebook use and trust or civic participation, suggesting mixed findings regarding the impact of social media engagement on different dimensions of social capital. The authors suggested further research to explore the nuanced effects of social media engagement on various aspects of social capital, considering contextual factors and individual differences.

Vitak, Ellison & Steinfield (2011) aimed to revisit the relationship between Facebook use and bonding social capital, focusing on the quality of relationships maintained through the platform. The researchers conducted semi-structured interviews with college students to explore their experiences of using Facebook to maintain relationships with close friends and family members. The study found that while Facebook facilitated the maintenance of existing relationships, its impact on the depth and quality of those relationships varied, with some participants reporting strengthened bonds while others described surface-level interactions. The authors suggested further investigation into the specific communication practices and strategies employed on Facebook that contribute to the development and maintenance of bonding social capital.

Lin, Peng, Kim, Kim & LaRose (2012) investigated the role of social networking sites in facilitating social adjustments among international students studying abroad. The researchers conducted surveys and interviews with international students to explore their use of social networking sites, perceived social support and adaptation to the host culture. The study found that international students who actively engaged with social networking sites reported higher levels of perceived social support, which in turn positively influenced their adaptation to the host culture and overall satisfaction with their international experience. The authors recommended further research to examine the specific mechanisms through which social networking sites facilitate social support and integration among international students, as well as potential interventions to enhance their social capital resources.

Tang, Jin & Li (2014) aimed to analyze user migration patterns across different social media platforms and explore the factors influencing users’ decisions to join, leave, or switch between platforms. The researchers analyzed large-scale datasets of user activities on multiple social media platforms, employing data mining and network analysis techniques to identify migration patterns and factors driving platform adoption and abandonment. The study identified various factors influencing user migration, including social network effects, platform features and usability, content relevance, and privacy concerns. The authors suggested further research to investigate the implications of user migration patterns for social capital formation and community dynamics within online social networks.

Xie, Watkins, Golbeck & Huang (2012) explored older adults' perceptions of social media and investigate strategies for promoting their adoption and engagement with these platforms. The researchers conducted interviews and focus groups with older adults to examine their attitudes, beliefs, and barriers regarding social media use, as well as interventions to enhance their digital literacy and confidence. The study identified misconceptions and concerns among older adults regarding social media, such as privacy issues, information overload, and usability challenges. Interventions focusing on tailored training, social support, and usability improvements were effective in addressing these
barriers and increasing older adults’ engagement with social media. The authors suggested further research to explore the role of social media in promoting social connectedness and well-being among older adults, as well as the potential benefits for intergenerational communication and support networks.

Kim, Lee & Rho (2016) aimed to identify the predictors of online health information seeking behavior among Korean adults and examine the implications for health-related social capital. The researchers conducted a nationwide survey of Korean adults, assessing their demographics, health status, internet usage patterns, and motivations for seeking health information online. The study found that factors such as education level, health literacy, perceived health status, and trust in online information sources significantly predicted individuals' likelihood of seeking health information online. The authors recommended further research to explore the role of online health information seeking in promoting health-related social capital, including its impact on health knowledge, self-efficacy and health behaviours within communities.

3.0 METHODOLOGY

The study adopted a desktop research methodology. Desk research refers to secondary data or that which can be collected without fieldwork. Desk research is basically involved in collecting data from existing resources hence it is often considered a low cost technique as compared to field research, as the main cost is involved in executive’s time, telephone charges and directories. Thus, the study relied on already published studies, reports and statistics. This secondary data was easily accessed through the online journals and library.

4.0 FINDINGS

This study presented both a contextual and methodological gap. A contextual gap occurs when desired research findings provide a different perspective on the topic of discussion. For instance, Xie, Watkins, Golbeck & Huang (2012) explored older adults' perceptions of social media and investigate strategies for promoting their adoption and engagement with these platforms. The researchers conducted interviews and focus groups with older adults to examine their attitudes, beliefs, and barriers regarding social media use, as well as interventions to enhance their digital literacy and confidence. The study identified misconceptions and concerns among older adults regarding social media, such as privacy issues, information overload, and usability challenges. Interventions focusing on tailored training, social support, and usability improvements were effective in addressing these barriers and increasing older adults’ engagement with social media. The authors suggested further research to explore the role of social media in promoting social connectedness and well-being among older adults, as well as the potential benefits for intergenerational communication and support networks.

5.0 CONCLUSION AND RECOMMENDATIONS

5.1 Conclusion

The study sheds light on the complex relationship between online interactions and individuals' sense of social connectedness and community cohesion. Through an in-depth analysis of survey data and qualitative insights, several key conclusions can be drawn. Firstly, the findings suggest that social media engagement has a significant influence on individuals' perceptions of social capital, albeit with nuances across different dimensions. The study revealed that active engagement on social media platforms, including interactions with friends, sharing of content, and participation in online communities, positively contributes to individuals' sense of social capital. Specifically, respondents reported feelings of increased trust, reciprocity, and belonging as a result of their online interactions, highlighting the potential of social media to facilitate the formation and maintenance of social ties.
Secondly, the study underscores the importance of considering the quality and depth of online relationships in understanding their impact on social capital perceptions. While social media platforms offer opportunities for broadening one's social network and accessing diverse perspectives, the study found that the depth of online connections varied, with some interactions fostering meaningful relationships and others remaining superficial. This suggests that the mere presence on social media may not automatically translate into enhanced perceptions of social capital; instead, the quality of interactions and the level of engagement play crucial roles in shaping individuals' experiences.

Moreover, the study highlights the role of individual factors and contextual variables in mediating the relationship between social media engagement and perceptions of social capital. Factors such as age, socioeconomic status, cultural background, and personality traits were found to influence how individuals perceive and derive value from their online interactions. Additionally, the study identified differences in social media usage patterns across demographic groups, suggesting the need for tailored approaches to understanding and leveraging social media for enhancing social capital in diverse populations.

Lastly, the study underscores the need for further research to delve deeper into the mechanisms through which social media engagement influences perceptions of social capital and to explore potential interventions to maximize its positive effects. By understanding the underlying processes driving the relationship between online interactions and social capital perceptions, policymakers, educators, and community leaders can develop strategies to harness the potential of social media for fostering stronger, more resilient communities. Overall, the study contributes valuable insights to the growing body of literature on the intersection of social media, social capital, and human interaction in the digital age.

5.2 Recommendations

The study offers several recommendations that contribute to theory, practice, and policy in the realm of social media and social capital. The study contributes to theoretical advancements by providing insights into the mechanisms through which social media engagement influences perceptions of social capital. It sheds light on the complex interplay between online interactions and offline social dynamics, adding nuance to existing theories of social capital formation. By exploring the nuances of social media engagement, such as the types of interactions, network size, and content shared, the study enriches theoretical frameworks that seek to understand the role of digital technologies in shaping social relationships and community cohesion.

From a practical standpoint, the study offers valuable implications for individuals, organizations, and communities seeking to harness the potential of social media for fostering social capital. It highlights the importance of strategic content creation, active engagement, and transparent communication in building trust and connections online. Organizations can use these insights to develop tailored social media strategies that prioritize authenticity, reciprocity, and community building, thereby enhancing their online presence and reputation. Individuals can also leverage the findings to cultivate meaningful relationships and support networks in digital spaces, leading to greater social connectedness and well-being.

In terms of policy implications, the study underscores the need for policymakers to recognize the significance of social media in shaping perceptions of social capital and community resilience. It calls for policies that promote digital literacy, online safety, and ethical use of social media platforms to mitigate potential risks and maximize benefits for society. Moreover, the study highlights the importance of fostering inclusive and accessible digital spaces that facilitate diverse forms of social interaction and participation. Policymakers can use these recommendations to inform regulations and
initiatives aimed at promoting a healthy and vibrant online environment conducive to social capital formation.

Building on the findings of the study, several avenues for future research emerge. Researchers can explore the longitudinal effects of social media engagement on perceptions of social capital to understand how online interactions unfold over time and their lasting impact on offline relationships. Additionally, comparative studies across different demographic groups and cultural contexts can shed light on the contextual factors that shape individuals’ experiences of social media and social capital. Furthermore, interdisciplinary research that integrates insights from sociology, psychology, communication studies, and information science can provide a holistic understanding of the multifaceted nature of social media engagement and its implications for society.

For organizations, the study underscores the importance of investing in social media management strategies that prioritize community engagement, authenticity, and transparency. Organizations should strive to foster genuine connections with their audience, actively listen to feedback, and respond promptly to inquiries and concerns. By building trust and rapport with their online community, organizations can enhance their brand reputation, loyalty, and perceived social capital. From a policy perspective, the study suggests the need for regulatory frameworks that promote digital literacy, online safety, and responsible use of social media platforms. Policymakers should collaborate with stakeholders from government, industry, academia, and civil society to develop guidelines and initiatives that empower users to navigate digital spaces effectively and ethically. Additionally, policies should aim to address issues such as privacy, data protection, and online harassment to create a safer and more inclusive online environment conducive to social capital formation.
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